Mission Statement

" The Centre will be an asset to the community by providing a pleasant place for recreation, relaxation and companionship, and by encouraging all members to remain active and socially connected while maintaining their physical and mental health."

Gimli New Horizons has regular board meetings & 4 general meetings throughout the year to keep our Centre's members fully up to date.

SCAN ME

And I will take you to our Website!

$25 - Regular Membership (55+)
$30 - Associate Membership (50-54)
Memberships are an annual fee
(September 1 - August 31)

What else is there to do? Can I volunteer?

- **Friday Lunches** (October - April)
  During Floor Curling Season, we require volunteers to make and serve lunches. Teams are made up and rotated every 4 to 6 weeks
- **Perogy Bee**
  Monthly from October to April
  Lots of help needed!
- **Petal Pushers** (May - October)
  This volunteer group meets from spring to fall as needed to maintain our flowers and beautify the Centre grounds.
- **Board Members**
  Serving on our board is a rewarding experience and an opportunity to make a difference.

- *And many events throughout the year require volunteers, so lots of opportunities to help out!*

Do you have an idea for an activity at the Centre?
New activities can be added with a leader and member interest.
Watch our monthly newsletter (Hilites) & Facebook for more information.

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GIMLI NEW HORIZONS 55+ Activity Centre

Founded in 1974 & Still Going Strong !

Address: 17 Loni Beach Rd.

Phone: (204) 642-7909

Email: gimli55@mts.net

Follow us on Facebook as Gimli New Horizons or check out our new website:
gimlinewhorizons.org

Make every day an active one!



Activity:	Runs From/To:
Bingo	All Year
Bridge (Contract)	All Year
Bridge "Practice"	Sept - June
Canasta (Monday)	All Year
Canasta (Friday)	All Year
Cribbage	All Year
Darts	Sept - May
Fibre Arts	All Year
Fitness with Sue	As Scheduled
Fun Floor Curling (Thurs)	Sept - April
League Floor Curling (Fri)	Sept - April
Golf	May - September
Memoir Writing	All Year
Painting	All Year
Social Dance	Sept - May
Tai Chi	All Year
Texas Hold 'Em	All Year
Ukulele Strum'	All Year
Wood Carving	October - May
Yoga	All Year

*Activity months/days & times are subject to change.

Pre-Registration is required for these activities:

(fees will apply)

- **Golf**
  (Seasonal) Play Mondays
  at Sandy Hook Golf Course
  (Be there by 2:30 p.m.)
- **Friday Floor Curling (League)**
  If you would like to be a spare, please register with Activity Leader(s)
- **Social Dance**
  Tuesdays at 1:00 p.m. & 7:00 p.m.
- **Fitness with Sue**
  If you would like to guarantee a spot, pre-registration is suggested (this also gives you better pricing) Drop-in is also available if space is available the day you come.
- **Memoir Writing**
  Mondays at 1:00 p.m.
- **Tai Chi**
  Beginner classes start in early September (every Tuesday & Friday at 9:30 a.m.)
  Advanced Tai Chi (every Tuesday & Friday at 10:00 a.m.)

Just show up and enjoy these activities:

(fees will apply)

- **Bingo** Wednesdays at 7:00 p.m.
- **Bridge (Contract)** Fridays at 1:00 p.m.
- **Bridge "Practice"** Wednesdays at 1:00 p.m.
- **Canasta** Mondays & Fridays at 1:00 p.m.
- **Cribbage** Thursdays at 1:00 p.m.
- **Darts** Mondays at 1:00 p.m.
- **Fibre Arts** Tuesdays at 10:00 a.m.
- **Fun Floor Curling** Thursdays at 10:00 a.m.
- **Painting** Tuesdays at 1:00 p.m.
- **Tai Chi "Practice"** Mondays at 1:00 p.m.
- **Texas Hold 'Em** Tuesdays at 1:00 p.m.
- **Ukulele Strum'** Thursdays at 11:00 a.m.
- **Wood Carving** Fridays at 1:00 p.m.
- **Yoga** Tuesdays & Thursdays at 9:30 a.m.