

MARCH 2026 HILITES



GIMLI
NEW HORIZONS
55+ Activity Centre

Founded in 1974 & Still Going Strong!

Tel: (204) 642-7909

Email: gimli55@mts.net

Follow us on Facebook as Gimli New Horizons
or check out our website:
gimlinewhorizons.org



SAVE the **DATE**

Upcoming Events At The Centre:

Saturday, March 21st - Lasagna Dinner & Trivia Night (see page 7)

Saturday, May 02nd - Craft & Bake Sale (see page 7)



Around the Centre



New Horizon Money:

- Can be used at New Horizons **only**.
- Good for activities run by the Centre in lieu of cash for the activity fee
- Good for any programs run at the Centre (tours, socials)
- Good for social events run by the Centre – tickets, liquor, silent auction, 50/50 draws
- Good for Friday lunches, perogies, etc.



CANTEEN



Coffee/Tea, chips, hot rods, drinks and water are \$1.00 each.
Chocolate bars & trail mix are \$1.25 each.

Water and drinks are in the fridge in the Card Yard Room.

Follow us on Facebook as
“Gimli New Horizons” or check out our new
website: gimlinewhorizons.org



Please like & share our posts to
help our messages circulate
and go further!



Inclement Weather

We have decided to follow the
“Evergreen School Division” weather
related cancellation guidelines.

(There could be an exception to this rule; i.e. parking
lot drifted in, etc.)

Please watch our Facebook page for
closures OR call us before venturing
to the Centre on inclement weather
days to see if we are open. (204) 642-7909

Cancellation Decisions are based on:

- Temperature (-40°C or colder and/or the wind chill is
-45°C or colder)
- Visibility
- Precipitation
- Road Conditions
- Current & Forecasted Weather
- Staff & Member Safety

DONATION RECEIPTS

If you donate \$25.00 or more to the Centre,
we can issue you a tax receipt....please ask us!

BOOKS & PUZZLES - Available during Centre Hours



Looking to fight boredom?
Come grab a book or a puzzle!

We are encouraging
“bring a book, take a book”,
to keep our books and
puzzles manageable.



When we send out emails, we have heard
some members aren't always
receiving them.

Please check your JUNK or SPAM folders.



GIMLI HOME HARDWARE

75 Centre St. Gimli, MB

Ph: 204-642-5489 Fax: 204-642-1210

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Senior Day 15% off up to \$300

1st Monday every month

About the Centre



Gimli New Horizons 55+ Centre Inc.,
17 Loni Beach Rd., Gimli
(Formerly 17 North Colonization Rd)
was incorporated in 1974 as a not for
profit/charitable organization.

MISSION STATEMENT

"The Centre will be an asset to the community by providing a pleasant place for recreation, relaxation and companionship, and by encouraging all members to remain active and socially connected while maintaining their physical and mental health"

New Horizons has regular board meetings & 4 general meetings throughout the year to keep our Centre fully up to date.

Like our Facebook page:
GIMLI NEW HORIZONS

We keep all our events and notices posted on our Facebook page.



It is the best way to keep informed as to events at the Centre. Also watch for any closures in winter on the Facebook page.

Website:
gimlinewhorizons.org



Executive: 2025/2026

President	Lynda Dodunski
Past President	Cindy Stewart
1 st Vice	Russell Gillies
2 nd Vice	Vera Szczepanski
Secretary	Julie Ewanchuk
Treasurer	Patricia Burdett

Directors: 2025/2026

Building/ Maintenance	VACANT
Kitchen	Evy Bialek
Bingo	Josey Banera
Member at Large	Audrey Corrie
Member at Large	Richard Szczepanski
Member at Large	Lavona Clarke
Membership	Gail Hurak
Publicity	Graham Watson
Social Activities	Cathy Timko
Volunteers	VACANT

Office Staff:

Facility Manager	Jonie Johnson
Facility Manager Assistant	Margaret LaRocque

A note from the office staff:

Please note that the office staff have different email addresses.

To reach Jonie regarding Centre related information:
gimli55@mts.net

To reach Margaret for Hilites Newsletter, advertising and membership info: hilites@mts.net



Membership year: September 1 - August 31

\$25 regular membership (55+)
\$30 associate membership (50-54)
Memberships are an annual fee.
(Cash or Cheque)

Monday - Friday 9:00 - 4:00 at the office

Our February membership numbers were **514**

The New Horizons 55+ Activity Centre is a great place to meet new people and to engage with other members doing an activity that you enjoy.

We have many programs and social activities for everyone 55+ or older!

The New Horizons 55+ activity centre is a great place to meet new people and to engage with other members doing an activity that you enjoy. We have many programs and social activities for everyone 55+ or older!

- 1) Pick up a Hilites program when you renew or sign up as a new member.
- 2) Check our facebook page to find out which programs are running.
- 3) Check out our new website:
gimlinewhorizons.org

Is there a program that you would be interested in having at our Centre?

Are you willing to lead a program of your choice?

Present your idea to the office and perhaps we can add it to our variety of programs.




FUNDRAISING

Our New Horizons 50/50 is going strong! \$2.00 each. Draw date at end of each month. Envelopes are all around the Centre - simply put \$2 in the envelope, write your name & phone number on the front of the envelope, and bring to the container at office window.

No limit on how many you can buy!

The past 50/50 proceeds have been used in the purchase of miscellaneous items throughout the Centre.



The tree is in the entrance to New Horizons.

Leaves can be purchased from the office for a minimum \$25.00 each and imprinted with names of people special to us.

Tax receipt upon request.




Dave & Laurence Humniski
teamhumniski.ca

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Call/Text Dave: 1-(204)-642-3044
daretodream@mymts.net

Call/Text Laurence: 1-(204)-642-3589
lhumniski@gmail.com



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*****Bring this ad to receive special in-store offers*****
Check our Facebook page for updates and offers



President's Message

-Lynda Dodunski

January was a long cold month but February has come and gone in a flash. Now we have spring to look forward to. (hopefully)

We are having a presentation by Crystal from Cancer Care Navigation Services on Wednesday, March 18th at 1:00 pm. She will be providing Cancer Screening information as well.

On Saturday, March 21st we are having a Lasagna dinner followed by trivia night with lots of fun and prizes. Tickets are available at the office for \$25 each.

Come out and learn about Cancer Screening services available to you!

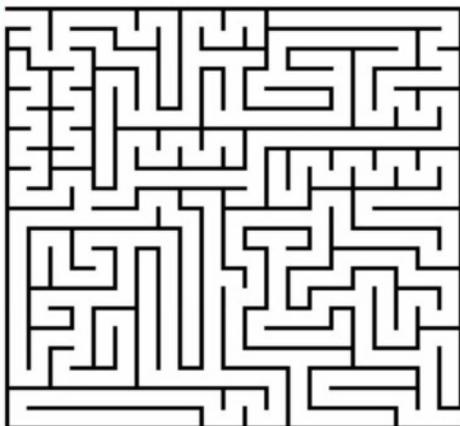
At Gimli New Horizons

Wednesday, March 18 @1:00pm



Crystal Behrends from Cancer Navigation Services, IERHA will be joining us to share information on the Cancer Screening Programs available in Manitoba.

FIND THE POT OF GOLD



Fraserwood Hall Upcoming Events

DEC 2025 - MAR 2026

DEC 7	OLD TIME DANCE Music by: Country Pride \$20 Admission at the Door. Call to reserve tickets at 204-643-5541
JAN 11	OLD TIME DANCE - MALONKA Music by: Gem Stars \$20 Admission at the Door. Call to reserve tickets at 204-643-5541
FEB 8	OLD TIME DANCE Music by: Trail Riders \$20 Admission at the Door. Call to reserve tickets at 204-643-5541
MAR 8	OLD TIME DANCE Music by: Country Pride \$20 Admission at the Door. Call to reserve tickets at 204-643-5541
MAR 29	ALL YOU CAN EAT PEROGIES Save the Date. More details to be announced!

BINGO & CHASE THE ACE EVERY FRIDAY NIGHT

DOORS OPEN AT 5PM | CANTEEN & BAR OPEN 5:15PM | GAMES START AT 7:15PM

fraserwoodhall.com

204-643-5302

fraserwoodhall1@gmail.com

Activities This Month



Activity	Activity Leader	PHONE	Price	Day/Time	Room
Afternoon Games	Audrey Corrie	642-1581	\$2.00	Mondays 1:00 p.m.	Card Yard
BINGO 🎮🎮🎮🎮🎮	Josey Banera	641-0967	Pay what you play	Wednesdays 7:00 p.m.	Grand Room
Bridge - Contract	Judy Brown Nancy Allen	642-7909	\$3.00	Fridays 1:00 p.m.	Coffee Spot
Canasta - Friday	Audrey Corrie	642-1581	\$2.00	Fridays 1:00 p.m.	Card Yard
Chair Yoga	Leanne Stevens	641-3920	\$10.00	Tuesdays 11:00 a.m.	Grand Room
Cribbage	Doris Lloyd	642-8180	\$4.00	Thursdays 1:00 p.m.	Card Yard
Darts	Julie Ewanchuk	470-8937	\$2.00	Mondays 1:00 p.m.	Harmony Room
Fibre Arts	Linda Duthie	641-8021	\$2.00	Tuesdays 10:00 a.m.	Coffee Spot
Floor Curling (Fun)	Arlene Bernshine	782-5071	\$2.00	Thursdays 10:00 a.m.	Grand Room
Floor Curling (League)	Elaine Einarson	642-7909	\$30.00 pp/season	Fridays 10:00 a.m.	Grand Room
Kaiser	Ron Walker	642-7909	\$2.00	Wednesdays 1:00 p.m.	Card Yard
Social Dance (Let's Go Dancing)	Gail Hurak	642-7834	\$10.00	Tuesdays 1:00 & 7:00 p.m.	Grand Room
Line Dancing	Deb Acton	642-7909	\$2.00	Thursdays 1:00 p.m.	Harmony Room
Memoir Writing	Ruth Asher	389-5157	\$2.00	Mondays 1:00 p.m.	Coffee Spot
Outdoor Walking Club	Allison Atkey	218-3205	Free	Mondays 2:30 p.m.	Outside
Painting	Sandy Reimer	641-1970	\$2.00	Tuesdays 1:00 p.m.	Card Yard
Tai Chi BEGINNERS CONTINUING	Phyllis Holmes	642-9054	\$2.00	Tuesdays & Fridays 9:30 a.m. 10:00 a.m.	Harmony Room
Tai Chi "Practice"	Cindy Blicq Judy Brown	642-7909	\$2.00	Mondays 2:30 p.m.	Grand Room
Texas Hold 'Em	Ron Martin	Office	\$3.00	Tuesdays 1:00 p.m.	Harmony Room
Ukulele Strum'	Gayle Halliwell	389-3832	\$2.00	Thursdays 11:00 a.m.	Harmony Room
Wood Carving	Dave Tustin	389-2305	\$2.00	Fridays 1:00 p.m.	Harmony Room
Yoga with Leanne	Leanne Stevens	641-3920	\$14 drop in or \$12 prepaid	Tuesdays 9:30 a.m. Thursdays 9:30 a.m.	Grand Room Harmony Room

Social Activities

-Cathy Timko



Lasagna Dinner & Trivia Night
 at Gimli New Horizons
Saturday, March 21, 2026



TRIVIA NIGHT

Tickets \$25/person
 Available at Gimli New Horizons Office

Doors/Bar open 5:30pm
 Supper at 6:00pm
 Games start 7:00pm

* **Table groups of 4-6** *
 Individuals will be seated with others




GIMLI NEW HORIZONS

CRAFT & BAKE SALE

10:00 - 4:00
 SATURDAY
MAY 2ND



SCAN ME

THE POST TIME CHANGE MONDAY MORNING

MONDAY, MARCH 9TH

BE LIKE:



A cartoon depicting a chaotic Monday morning after a time change. A man on the left checks his phone and says "JUNE". A woman next to him says "NOVEMBER". A man in the center says "IT'S 8:45". A man on the right says "IT'S 7:45". A man with a cart says "NO, IT'S WEDNESDAY". A woman at a podium says "MONDAY".

DAG 2018

Marc Palsson
 Owner

100-7th Avenue
 Gimli, MB R0C 1B0

Telephone: (204) 642-9688
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Health & Wellness

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A nutrition presentation for older adults.

HOT TOPICS COVERED:

- Calcium
- Vitamin D
- Fibre
- Protein
- Hydration

GIMLI NEW HORIZONS

Wednesday
March 25
1:30-2:30pm



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AND HEALTHY TIPS

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www.ierha.ca



If you're sick,
please stay HOME



Out of respect for all our members, if someone is sick in your household with a cold, flu OR Covid, please refrain from coming to the Centre.

Germs spread easily and we all need to do our part to stop the spread.

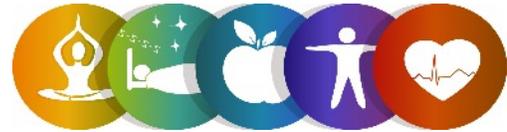
Also, please wash your hands frequently or use hand sanitizer around the Centre.

Bereavement Support

Losing a loved one is never easy; whether the loss was anticipated or without warning, the pain is the same. Sometimes it helps to talk to other people who are experiencing the same feelings and challenges.

The bereavement session allows individuals or groups to share their pain. When you reach out for help, this is the first step of healing.

For more information contact the New Horizons Office to connect you with our Bereavement leader
204-642-7909



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OF GIMLI NEW HORIZONS 55+

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Are you interested in
Snowshoeing?

We have snowshoes in small, medium and large you can sign out.
(And at no cost!)

Sizes are based on weight.

Contact the Centre at (204) 642-7909



ZUMBA IS BACK MARCH 2!
12 Week Spring Session
* Mondays, 6:30pm at
Gimli New Horizons
* Thursdays, 6:30pm on
ZOOM

Instructor: Jan Keryluk,
zumbajan22@gmail.com
MFC Certified Leader
Licensed Zumba Instructor



From the Kitchen

-Evy Bialek



We made it through the toughest part of winter and came out the other side.

Our menus are all preplanned with few changes to be made. Our Teams are working hard to make a delicious meal.

Let's hope you are enjoying your curling season as much as we enjoy making the lunches for you!

See you Fridays!

Perogy Palooza

We'd like to thank everyone who came out to make perogies with us on February 4th!

Volunteers truly are the power of our community!

We loved welcoming a few new friends who joined us in February — your energy and enthusiasm made the day even better.

We are so fortunate and grateful to have Elaine guiding us through the routines each month. And our lunches and coffee breaks wouldn't be nearly as sweet without Linda and Elaine's amazing baking talents.

Everyone did an incredible job — teamwork at its best!

We look forward to seeing you again on March 4th

- Leadership Team



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GAMES at the Centre

Judy Brown & Nancy Allen Fridays @ 1:00 pm



Join us Fridays at 12:50 p.m.
for a 1:00 start.

We are a relaxed, welcoming group.

Cost is \$3.00 per player.

Our monthly social time is on the 3rd Friday
of the month; next is March 20th Spouses are invited!

KAISER Wednesdays at 1:00 p.m. -Ron Walker



Kaiser, or three-spot,
is a trick-taking card game popular in the prairie
provinces, especially Saskatchewan and parts of
its neighbouring provinces.

It is played with four players in two partnerships
with a 32-card deck.

\$ 2.00 activity fee



Friday Canasta - Fridays at 1:00 p.m. Activity Leader - Audrey Corrie

Boy - O - BOY
It's a Boy!

Please welcome Bob to
our Friday Afternoon
Canasta.

Are there any more
"Boys" out there?

Canasta is easy to learn as it is a take off from Rummy.
Come and join us.....seasoned players OR beginners welcome.

We have great teachers.

We start playing at 1:00 pm with partner and table selection 10
minutes before.

TEXAS HOLD 'EM Tuesdays at 1:00 pm -Ron Martin



Come and join us for
Texas Hold 'Em.....we
always have room for
more players!



CRIBBAGE

-Doris Lloyd

Thursdays
at 1:00 p.m.

Bring \$2 activity fee
plus
\$2 prize money.

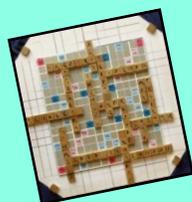


AFTERNOON GAMES

Mondays @ 1:00 p.m. -Audrey Corrie

Here's some games we
will be playing:

- Chinese Checkers
- Chaos
- Scrabble
- Dominos
- Tile Rummy
- Sequence
- Mahjong



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Email: chrisneufeld@mts.net

www.interlake.mb.ca



56 Centre St., Gimli, MB.

Activities



Line Dancing

Thursdays
at 1:00
in the
Harmony Room

Fibre Arts - Tuesdays at 10:00 -LindaDuthie/JaniceSkene

Hello to all New Horizons Members!

If you knit, crochet, sew, or quilt, or do any other Fibre Arts crafts, please feel welcome to join us on Tuesdays, 10:00 - 1:30. Show and Tell is at 11:30, lunch at noon.

Outdoor Walking Club

-Allison Atkey



When the weather warms up, we will be leaving the Centre at 2:30 on Monday afternoons for an outdoor walk.

You can borrow walking poles from the Centre if you want to give them a try, but that's not required.

If you would like to walk indoors, Gimli High School is open Monday through Thursday 6-8 pm (bring clean shoes).



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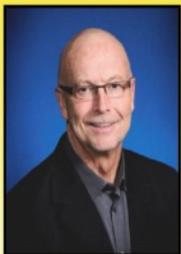
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Interlake
REAL ESTATE

56 Centre St., Gimli, MB.

Activities

Painting

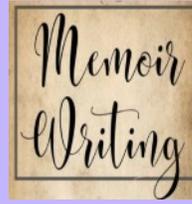


Our painting group is a gathering of like minded painters with a varied skill level and media who enjoy painting in a group.

The pegboard in the Card Yard displays some paintings that are for sale. Payment for the painting(s) is to be made to Jonie and Margaret at the office before removing them.

-Sandy Reimer

Memoir Writing - Mondays at 1:00 p.m.



If you are interested in more information, please contact Ruth

(204) 389-5157



THE PROBLEM WITH KEEPING YOUR POT OF GOLD AT THE END OF THE RAINBOW



WHAT DO YOU CALL A FAKE ROCK IN IRELAND???

What do you call an Irish spider?

Paddy long legs

WANTED

Any member who would like to volunteer their time to our Board, we have 2 positions that are open immediately:

Building/Maintenance Director & Volunteer Coordinator

Please contact the office if you are interested.
(204) 642-7909

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Activities

LET'S GO DANCING

Dances are selected from ballroom, old time, country and other dance genres.

Tuesdays 1:00 for beginners and new dancers.

7:00 PM -This class is full. Only returning, experienced dancers can apply.

In March, we will return to classes on all Tuesdays.

West Coast Swing is the dance to be taught. This is a slower couple dance. Easy movement. I hope you will join us.

\$10 cash per person, per class.

Gail Hurak

(204) 642-7834



Ukulele Strum' –Gayle Halliwell

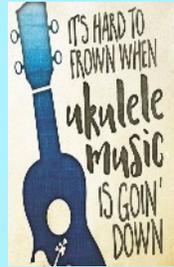
March madness?

Not at Uke Strum; it's all fun playing with and learning from each other. Although, we do now have our own paparazzi so clearly our dulcet tones are being heard far and wide.

Well, as far and wide as the room allows!

Want to join in the Thursday 90 minutes of enjoyment? No Ukulele?

Call Gayle to get your strum going.
204.389.3832.



Woodcarving

-Dave Tustin

1:00 p.m.,
Fridays

in the Harmony Room



Join us for Fun Darts every Monday at 1:00

-Julie Ewanchuk

Hi everyone. Darts is running on Mondays at 1:00-2:30. We have had some new members and join us and our regular members have been improving every week. It's an afternoon of friendship, fun and oh yes, darts. Please feel free to come out any Monday and try your hand at throwing some darts. Even though our numbers are growing, we have 4 boards and there is always room for everyone. We will be playing until mid May so still a lot of time to come out and play.

The cost is \$2.00/ person/week.

Hope to see you soon, Julie



Building a Lasting Legacy



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COMMUNITY FOUNDATION INC

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Toll Free: 1-888-642-8501





Email: jt.interlake@gmail.com

56 Centre St., Gimli, MB.



Activities

MOVING TOGETHER TAI CHI GIMLI

The classes will be in the Harmony Room

Tuesdays and Fridays

Beginners start at 9:30 am and regular class at 10:00 am

There are many health benefits of practicing Tai Chi. Regular practice can increase flexibility and strength, and improve cardiovascular fitness.

The emphasis on correct posture means that Tai Chi can instill a greater awareness of the body and how it moves through space.

It will give you better balance to help prevent falls. It's sometimes called "meditation in motion" because it is a series of exercises that can help harmonize your body's energy and mind. Tai Chi helps to reduce stress because to successfully practice Tai Chi you have to think about your breathing and movements which takes your mind away from everything else.

Please phone me if you have any questions

(204) 642-9054



Yoga - Leanne Stevens

Welcome to March as the days become longer it is the perfect time to nurture the 'light' in our hearts and receive the warmth of the season. This class encourages mindful movement that promotes strength and flexibility for the body, mind and soul. We are an ongoing class and welcoming community of folks.

We meet Tuesday and Thursday at 9:30. Fee is \$12. Bring a mat & wear clothes you are comfortable to move in. If you have a yoga belt and blocks, bring them. Classes are open to all levels of ability, please feel free to join us as we move into spring.

Classes are led by Leanne Stevens, Certified Yoga Instructor for 26 years.

Contact me if you have any questions.

Ph/txt 1-204-641-3920

Email stillbluecatyoga@gmail.com

Namaste, Leanne

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Activities



Winter/Spring Season runs from January 9th to April 24th

Cost per person is \$30.00

FUN - Thursdays at 10:00 a.m.

Activity Leader: Arlene Bernshine

LEAGUE - Fridays at 10:00 a.m.

Activity Leader: Elaine Einarson

-Susie Stevenson



During the winter and spring season, there may be days when the Centre is closed due to bad weather, and fitness classes are cancelled. Please watch our Facebook page as this is where we post closures.

We will offer a make up date at the Centre's & our fitness instructor's discretion.

Please note; this day may not fall on the same day of the week you usually attend your class.



Our classes will start back up on March 2. If you signed up for the 8 weeks or the 2nd set of 4 weeks, you are good to go! If you have not signed up and would like to attend classes in March, please pay the drop in fee of \$7.00 each time you attend.



12 WEEK SESSION

MONDAYS:

Cardio Sculpt 10 - 10:45 a.m. starting April 6th
Core & More 11 - Noon starting April 6th

WEDNESDAYS:

Cardio Sculpt 10 - 10:45 a.m. starting April 8th
Core & More 11 - Noon starting April 8th

12 Week Session:

- 1 class/week - \$ 75
- 2 classes/week - \$ 135
- 3 classes/week - \$ 180
- 4 classes/week - \$ 215

Drop in fee per class - \$ 7.00

Cash or Cheque payment accepted, please pay as you sign up to reserve your spot

(Non-refundable & Non-transferable)

Sign up at the Office



"Your Cottage Country Department Store"

Located at 76 Centre Street, Gimli
Phone - 204-642-4010
Email - info@johnsonsfashion.com
Website www.johnsonsfashion.com

Present this coupon and receive 10% off your purchase on any regular priced items.



PRACTICE

Mondays at 2:30 p.m.
in the Grand Room

Anyone who has learned the 108 moves can come and join us anytime.

- Cindy Blicq/
Judy Brown



Interlake Chemicals Ltd.
Manufacturer of Specialty Industrial and Janitorial Products

Sherry Crave
19096 115N - Box 1974
Gimli, MB R0C 1B0
Work: (204) 642-7687
Cell: (204) 641-3613
Home: (204) 642-5723

Community Service

Caregiver Support - third Monday of the month (subject to change)

Being held at Gimli New Horizons



Next meeting date - March 16th will be in the GRAND ROOM at 1:00 p.m.

Alzheimer's disease and other forms of dementia can leave those with the disease and their care partners feeling isolated. You are not alone. There are other people to share the journey with you!

Support groups offer the opportunity to meet, interact with and learn from others who are living with dementia. It's a safe environment where you can share, laugh, and help each other through mutual understanding.

If you would like to attend (it's for caregivers only) please call Samantha Holland
 ☎ 204-268-4752
 Thanks!

News from the Seniors Resource Program



The Gimli Seniors Resource Council is seeking another Relief Meal Coordinator for our Congregate Meal Programs to cover scheduled holidays and/or sick time as needed.

If you enjoy cooking, have a current Food Handlers Certificate or are willing to obtain one, please give us a call at 204-642-7297.



We always welcome more volunteers for our Transportation and Meals on Wheels programs as well.

If you are interested or would like more information on our services, please give us a call at the office.

We look forward to hearing from you!

Collecting old glasses & hearing aids



The Lions Club International has left a box for us to collect used eye glasses (no cases) and hearing aids. They send them to developing countries.



Gimli New Horizons is offering

FREE

BASIC Income Tax Returns must be below:

Family size	Total family income below
Single person	\$40,000
2 people	\$55,000

We **do not** prepare returns for individuals who:

- report business or rental income & expenses
- report capital gains or losses
- report employment expenses
- filed for bankruptcy
- died in the tax year

Call 204-642-7909 to be referred to one of our Volunteer Tax Return Preparers trained by Revenue Canada.

Be assured that this service is entirely confidential.

Appointments Only
 Call New Horizons Office

204-642-7909

EASTERN INTERLAKE HANDI-VAN CALL: 642-5792 24 HOUR ADVANCE NOTICE REQUIRED



A Non-profit organization, operated by a board of volunteers. Funding for this service is provided by Provincial grants and donations from municipalities, the province, service clubs and other groups and individuals.

Community Service

Gimli New Horizons
 Located at 17 Loni Beach Rd.

BINGO
EVERYONE WELCOME!

Wednesday Nights @ 7:00pm
 Doors Open @ 5:30pm
 No Cards Sold After 6:50pm
 The regular canteen menu and weekly special

Watch our Facebook page for the pot amounts for each week.

Bingo is an event/activity we offer to the community!

We appreciate the support given to the Centre from all our bingo players.

Enjoy a game or two of Bingo at our Centre on Wednesday nights. Great opportunity to get out and spend time with friends. We appreciate all our bingo players for supporting us all year.

Canteen available - Hot dogs, popcorn, chips, chocolate bars, ice cream and butter tarts. Coffee, pop, and water available. Check out the GNH Facebook page for Cathy's Canteen Specials!

Snack while you play!



Eirik Bardal
 Owner

Telephone: (204) 949-2200
 Fax: (204) 694-9494
 Email: info@nbardal.mb.ca

3030 Notre Dame Avenue
 Winnipeg, Manitoba
 R3H 1B9

neill bardal
 FUNERAL CENTRE

St. Patrick's Day Word Search

O	E	E	A	R	P	P	S	M	L	C				
G	A	E	E	L	A	H	A	E	N	D				
R	E	A	U	T	A	G	P	K	T	N				
E	P	C	R	M	I	R	O	R	D	A				
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V	O	D	L	O	G	H	H	T	K	N				

GOLD	GREEN	SHAMROCK	MARCH	RAINBOW
LEPRECHAUN	POT	LUCK	EMERALD	IRELAND
PATRICK	CLOVER	IRISH	WISH	MAGIC

Interlake
 REAL ESTATE
 www.interlake.mb.ca

Cell: (204) 641-6400
 Bus: (204) 642-8501
 Toll Free: 1-888-642-8501
 Fax: (204) 642-8457
 Email: ghjor@mymts.net

Grant Hjorleifson, BSc
 REALTOR®

56 Centre Street
 Gimli, MB R0C 1B0

March 2026

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
1	2	3	4	5	6	7	8	9	10	11	12	13	14
	10:00 Cardio Sculpt - Week 5 11:00 Core & More - Week 5 1:00 Afternoon Games 1:00 Darts 1:00 Memoir Writing 2:30 Tai Chi 'Practice' 2:30 Outdoor Walking	PEROGY PREP DAY 9:30 Yoga with Leanne 9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Fibre Arts 1:00 Social Dance 1:00 Texas Hold 'Em 1:00 Painting 7:00 Social Dance	PEROGY MAKING DAY 10:00 Cardio Sculpt - Week 5 11:00 Core & More - Week 5 1:00 Kaiser 7:00 Bingo	9:30 Yoga with Leanne 10:00 Floor Curling - Fun 11:00 Ukulele 1:00 Cribbage 1:00 Line Dance	9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Floor Curling - League 1:00 Bridge - Contract 1:00 Canasta 1:00 Wood Carving	Friday Lunch 10:45-12:15 9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Floor Curling - League 1:00 Bridge - Contract 1:00 Canasta 1:00 Wood Carving	9	10:00 Cardio Sculpt - Week 6 11:00 Core & More - Week 6 1:00 Afternoon Games 1:00 Darts 1:00 Memoir Writing 2:30 Tai Chi 'Practice' 2:30 Outdoor Walking	9:30 Yoga with Leanne 9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Fibre Arts 1:00 Social Dance 1:00 Texas Hold 'Em 1:00 Painting 7:00 Social Dance	10:00 Cardio Sculpt - Week 6 11:00 Core & More - Week 6 1:00 Kaiser 7:00 Bingo	9:30 Yoga with Leanne 10:00 Floor Curling - Fun 11:00 Ukulele 1:00 Cribbage 1:00 Line Dance	9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Floor Curling - League 1:00 Bridge - Contract 1:00 Canasta 1:00 Wood Carving	Friday Lunch 10:45-12:15 9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Floor Curling - League 1:00 Bridge - Contract 1:00 Canasta 1:00 Wood Carving
15	16	17	18	19	20	21	22	23	24	25	26	27	28
	10:00 Cardio Sculpt - Week 7 11:00 Core & More - Week 7 1:00 Afternoon Games 1:00 Darts 1:00 Memoir Writing 2:30 Tai Chi 'Practice' 2:30 Outdoor Walking	St. Patrick's Day 9:30 Yoga with Leanne 9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Fibre Arts 1:00 Social Dance 1:00 Texas Hold 'Em 1:00 Painting 7:00 Social Dance	10:00 Cardio Sculpt - Week 7 11:00 Core & More - Week 7 1:00 Kaiser 7:00 Bingo	9:30 Yoga with Leanne 10:00 Floor Curling - Fun 11:00 Ukulele 1:00 Cribbage 1:00 Line Dance	9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Floor Curling - League 1:00 Bridge - Contract 1:00 Canasta 1:00 Wood Carving	TRIVIA NITE & LASAGNA SUPPER Supper at 6:00 Trivia starts at 7:00 	22	10:00 Cardio Sculpt - Week 8 11:00 Core & More - Week 8 1:00 Afternoon Games 1:00 Darts 1:00 Memoir Writing 2:30 Tai Chi 'Practice' 2:30 Outdoor Walking	9:30 Yoga with Leanne 9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Fibre Arts 1:00 Social Dance 1:00 Texas Hold 'Em 1:00 Painting 7:00 Social Dance	10:00 Cardio Sculpt - Week 8 11:00 Core & More - Week 8 1:00 Kaiser 7:00 Bingo	9:30 Yoga with Leanne 10:00 Floor Curling - Fun 11:00 Ukulele 1:00 Cribbage 1:00 Line Dance	9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Floor Curling - League 1:00 Bridge - Contract 1:00 Canasta 1:00 Wood Carving	Friday Lunch 10:45-12:15 9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Floor Curling - League 1:00 Bridge - Contract 1:00 Canasta 1:00 Wood Carving
29	30	31											
	1:00 Afternoon Games 1:00 Darts 1:00 Memoir Writing 2:30 Tai Chi 'Practice' 2:30 Outdoor Walking	9:30 Yoga with Leanne 9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Fibre Arts 1:00 Social Dance 1:00 Texas Hold 'Em 1:00 Painting 7:00 Social Dance											