NOVEMBER 2024 HILITES



Tel: (204) 642-7909 Email: gimli55@mts.net

Follow us on Facebook as Gimli New Horizons





Christmas Dinner & Dance will be on Saturday, December 7th (See page 13 for details)

Tickets go on sale Monday, November 18th at 10:00 a.m., and are available to purchase until November 29th or until sold out.

1

Around the Centre





New Horizon Money:

- Can be used at New Horizons only.
- Good for activities run by the Centre in lieu of cash for the activity fee
- Good for any programs run at the Centre (tours, socials)
- Good for social events run by the Centre
 tickets, liquor, silent auction, 50/50
 draws
- Good for Friday lunches, perogies, etc.





CANTEEN



Mini canteen is running smoothly.

Coffee/Tea, chips, hot rods, drinks and water are \$1.00 each.

Chocolate bars & trail mix are \$1.25 each.

Follow us on Facebook as "Gimli New Horizons"

Please like & share our posts to help our messages circulate and go further!









DONATION RECEIPTS

If you donate \$25.00 or more to the Centre, we can issue you a tax receipt....please ask us!

BOOKS & PUZZLES - Available during Centre Hours



We are encouraging "bring a book, take a book", to keep our books and puzzles manageable.



Gimli New Hortzons FUNCTAIS21



Interlake Packers Sausage Rings

Order Deadline December 2nd

Ham Sausage \$10.00

Cash or Cheque Only

Pick up Date is December 12 between 10am - 3pm

at Gimli New Horizons Office

gn up on Bulletin Board

at Gimli New Horizons

2



Our New Horizons 50/50 is going strong! \$2.00 each. Draw date at end of each month. Envelopes are all around the Centre - simply put \$2 in the envelope, write your name & phone number on the front of the envelope, and bring to the container at office window.

No limit on how many you can buy!

The past 50/50 proceeds have been used in the purchase of miscellaneous items throughout the Centre.



The tree is in the entrance to New Horizons.

Leaves can be purchased from the office for a minimum \$25.00 each and imprinted with names of people special to us.



Tax receipt upon request.





PROUD SUPPORTERS

of Gimli New Horizons 55+

At Pharmasave Gimli our

Live Well pharmacists care about the health and well-being of our customers. We want to be with you every step of the way.



204.642.5504



Remembrance Day



FLAG POPPY SOLDIER RESPECT CEREMONY RED BATTLE NOVEMBER HISTORY SILENCE COURAGE THANK YOU PEACE SERVICE REMEMBER

HERO VETERAN WAR MEDAL SACRIFICE





About the Centre





Gimli New Horizons 55+ Centre Inc.,
17 Loni Beach Rd., Gimli
(Formerly 17 North Colonization Rd)
was incorporated in 1974 as a not for
profit/charitable organization.

ALEXA E	0004/0005
NEW Executiv	ve: 2024/2025
President	Cindy Stewart
Past President	Roy Clarke
1 st Vice	Lynda Dodunski
2 nd Vice	Vera Szczepanski
Secretary	Julie Ewanchuk
Treasurer	Lavona Clarke
NEW Directors	s: 2024/2025
Building/ Maintenance	Garry Peterson
Kitchen	Evy Bialek
Bingo	Josey Banera
Member at Large	Audrey Corrie
Member at Large	Richard Szczepanski
Member at Large	Brian Sumner
Membership	Gail Hurak
Publicity	Graham Watson
Social Commitee	Cathy Timko
Volunteers	Allison Atkey
Office	Staff:
Facility Manager	Jonie Johnson
Facility Manager Assistant	Margaret LaRocque

A note from the office staff:

Please note that the office staff have different email addresses.

To reach Jonie regarding Centre related information: gimli55@mts.net

To reach Margaret for Hilites Newsletter, advertising and membership info:

hilites@mts.net

New Horizons has regular board meetings &

4 general meetings throughout the year to keep our Centre fully up to date.



Like our Facebook page: GIMLI NEW HORIZONS

We keep all our events and notices
posted on our
Facebook page.
It is the best way to keep informed as to
events at the Centre.
Also watch for any closures
in winter on the Facebook page.

MISSION STATEMENT

"The Centre will be an asset to the community by providing a pleasant place for recreation, relaxation and companionship, and by encouraging all members to remain active and socially connected while maintaining their physical and mental health"

President's Message



-Cindy Stewart

I would like to thank all those that came out to our Annual General Meeting. It was nice to see so many there.

I would like to welcome Allison Atkey, Audrey Corrie, Cathy Timko and Brian Sumner who will be joining the Board. Thank you to Carol Simonson, Brian Pauls, Barry Martin and Isabel Peterson who had served on the Board.

Unfortunately, we did have to cancel the Western Social due to low ticket sales. If you have ideas for fun events please let the office know and we can make sure that Cathy Timko knows, as she is our new Social Director.

We are doing a Kolbassa fundraiser and the sign up is on the bulletin board.

As the wife of a Veteran, please take a moment on Nov 11, to remember all those that have served our country.

> Thanks to all our volunteers, without you we could not be the great Centre that we are.



They shall grow not old, as we that are left grow old: Age shall not weary them, nor the years condemn. At the going down of the sun and in the morning, We will remember them."





Email - info@iohnsonsfashion.com Website www.johnsonsfashion.com

Present this coupon and receive 10% off your purchase on any regular priced items.

If you're sick, please stay HOME



Out of respect for all our members, if someone is sick in your household with a cold, flu OR Covid, please refrain from coming to the Centre.

Germs spread easily and we all need to do our part to stop the spread.

Interlake Chemicals Ltd. **Manufacturer of Specialty Industrial** and Janitorial Products

Sherry Crave 19096 115N - Box 1974 Gimli, MB R0C 1B0

Work: (204) 642-7687 (204) 641-3613 Cell:

Home: (204) 642-5723



K.C. ENTERPRISES LTD.

19156 GIMLI PARK RD Box 1230 Gimli, Manitoba ROC 1B0

DARYL SYLVESTER

HOMES · COTTAGES · DECKS & RENOVATIONS



Phone: (204) 642-5111 Fax: (204) 642-7138 Winnipeg Direct 1-(204) 942-4860 Toll Free: 1-888-709-8342 EMAIL: kcent@mymts.net

Activities This Month

Activity	Activity Leader	PHONE	Price	Day/Time	Room
BINGO	Josey Banera	641-0967	Pay what you play	Wednesday 7:00 p.m.	Grand Room
Bridge - Contract	Allison Atkey Judy Brown	642-7909	\$3.00	Friday 1:00 p.m.	Coffee Spot
Bridge -Duplicate	Brian Wallace	376-5603	\$2.00	Wednesday 1:00 p.m.	Card Yard
Canasta - Friday	Audrey Corrie	642-1581	\$2.00	Friday 1:00 p.m.	Card Yard
Canasta - Monday	Lauralee Hackert	642-5382	\$2.00	Monday 1:00 p.m.	Card Yard
Cardio Sculpt	Susie Stevenson	642-7909	Pre-paid or \$7.00 drop in	Monday 10:00 a.m. Wednesday 10:00 a.m.	Grand Room
Core & More	Susie Stevenson	642-7909	Pre-paid or \$7.00 drop in	Monday 11:00 a.m. Wednesday 11:00 a.m.	Grand Room
Cribbage	Doris Lloyd	642-8180	\$4.00	Thursday 1:00 p.m.	Card Yard
Darts	Julie Ewanchuk	470-8937	\$2.00	Monday 1:00 p.m.	Harmony Room
Fibre Arts	Darlene Bohemier	642-7850	\$2.00	Tuesday 10:00 a.m.	Coffee Spot
Floor Curling (Fun)	Arlene Bernshine	782-5071	\$2.00	Thursday 10:00 a.m.	Grand Room
Floor Curling (League)	Elaine Einarson Linda Shipman Eva Sohan		Fall Season FREE	Friday 10:00 a.m.	Grand Room
Memoir Writing	Ruth Asher	389-5157	\$2.00	Wednesday 10:00 a.m.	Coffee Spot
Painting	Sandy Reimer	641-1970	\$2.00	Tuesday 1:00 p.m.	Card Yard
Tai Chi BEGINNERS CONTINUING	Phyllis Holmes	642-9054	\$2.00	Tues & Fri 9:30 a.m. 10:00 a.m.	Harmony Room
Texas Hold 'Em	Ron Martin		\$3.00	Wednesday 1:00 p.m.	Coffee Spot
Social Dance (Let's Go Dancing)	Gail Hurak	642-7834	\$10.00	Tuesdays at 1:00 & 7:00 p.m.	Grand Room
Ukulele Strum'	Gayle Halliwell	642-7909	\$2.00	Thursday 12:45 p.m.	Harmony Room
Woodcarvers	Dave Tustin	389-2305	\$2.00	Friday 1:00 p.m.	Harmony Room
Yoga with Leanne	Leanne Stevens	641-3920	\$14 drop in or \$12	Tuesday 9:30 a.m.	Grand Room
			prepaid	Thursday 9:30 a.m.	Harmony Room

MEMBERSHIP

-Gail Hurak

Membership year: Oct. 1 - Sept. 30

\$25 regular membership (55+) \$30 associate membership (50-54) Memberships are an annual fee.

M - F 9 - 4:00 at the office (Cash or Cheque)

Our October membership numbers were **422**

The New Horizons 55+ Activity Centre is a great place to meet new people and to engage with other members doing an activity that you enjoy.

We have many programs and social activities for

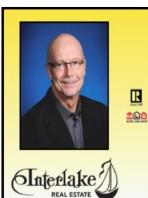
Pick up a Hilites newsletter when you renew or sign up as a new member.

everyone 55+ or older!

Check out our Facebook page to find out which programs are running (We post the Hilites every month on Facebook)

Is there a program that you would be interested in having at our Centre? Are you willing to lead a program of your choice? Present your idea to the office and perhaps we can add it to our variety of programs.





John Wishnowski

Tel.: 204-642-8501 Cell: 204-479-1208 Toll Free: 1-888-642-8501 Fax: 204-642-8457 Email: iwish@interlake.mb.ca www.interlake.mb.ca

56 Centre St., Gimli, MB.

CELEBRATING YOUR YEARS OF SERVICE

10 Year Members:

Heather Dankochik Wendy Delbaere

Merle Duguid Ellen Gergatz

Margitta Hayda Phyllis Holmes

Connie McMillan William Morrison

Linda Rankin Sandra Richardson

Marlene Rooney Gordon Seale

Lori Seale Janice Skene

Lorraine Zabirka Angela Zalevich

Melvin Zalevich

15 Year Members:

Linda Cochrane Vaughan Cochrane

Joyce Davidson Lynda Dodunski

Beverly Einarson Doris Gordon

Don Hurak Gail Hurak

Lynne Magnusson Gloria Mattson

Rick Sarahs Lilian Ward

20 Year Member:

Phyllis Starchuk

Please stop by the office for your pin if you haven't already

25 Year Members:

Josephine Banera Nadia Bjorklund

Rod Bjorklund Elmar Chulka

Norman Freund George Heath

Roberta Horner Dale Klassen

Flo McGuire Joanne McNabb

Dave McNabb Sharon Peichl

Georgie Rutter

30 Year Member:

Muriel Savage

Health & Wellness

Bereavement Support

Losing a loved one is never easy; whether the loss was anticipated or without warning, the pain is the same.

Sometimes it helps to talk to other people who are experiencing the same feelings and challenges.

The bereavement session allows individuals or groups to share their pain.

When you reach out for help, this is the first step of healing.

For more information contact the New Horizons Office to connect you with our Bereavement leader 204-642-7909

SENIORS' CENTRE WITHOUT WALLS

Senior Centre Without Walls
offers a unique opportunity for
Manitobans, 55 years of age
and older, to join educational and
recreational programs
from the comfort of their own homes
via teleconference format.

Programming topics include; educational presentations, health and wellness, language classes, book clubs, travelogues and support groups.

The free programs are accessed through a toll-free number and are offered during the day and evenings.

Toll free # 1 (888) 333-3121

We dance for laughter, we dance for tears, we dance for madness,

we dance for fears,

we dance for hopes,

we dance for screams,

we are the dancers,

we create the dreams.

-Albert Einstein



GIMLI HOME HARDWARE

75 Centre St. Gimli, MB

Ph: 204-642-5489 Fax: 204-642-1210

Open 7 days a week

Senior Day 15% off up to \$300

1st Monday every month





In Flanders Fields

In Flanders fields the poppies blow Between the crosses, row on row, That mark our place; and in the sky The larks, still bravely singing, fly Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

Lieutenant Colonel John McCrae



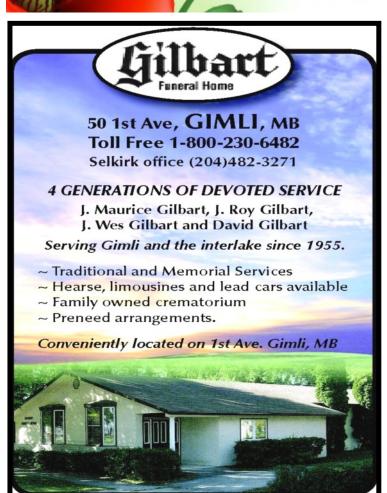
Greetings from the new Volunteer Coordinator.
You may know me from exercise classes,
Tai Chi, Fibre Arts, Bridge, or Floor Curling.

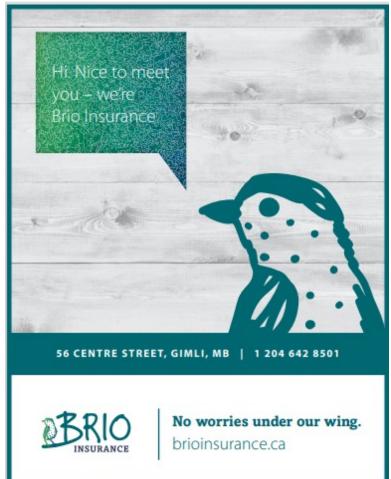
Richard has volunteered to continue to organize the volunteers for perogy making.
Thanks, Richard!

I recently had two new volunteer experiences:
 perogy pinching and making
 Friday lunch.
 As well as being a lot of fun,
 I felt a real sense of accomplishment.

- Allison Atkey









A BIG THANK YOU to our BINGO workers.... they are such a dedicated team!



Back Row (I to r): Doris Lloyd, Vivian Boyko, Elaine Einarson, Denyse Stewner, Joyce Peden, Mavis Gerwing, Carla Christiansen Front Row (I to r): Audrey Powroznik, Bingo Leader Josey Banera, Vince Gerwing





Canteen Workers (I to r): Cheryl Davison, Marsha Pytel, Canteen Leader Cathy Timko, Lorna Putschker





Shirley Bergen, Mary Stevens, **Doreen Henrikson**

If we are missing anyone from these photos, we apologize. But please know, you are appreciated!



GNH B-I-N-G-O started in November 1974.

In the past 50 years we have had 4 incredible leaders & countless volunteers who have made us a great SUCCESS - THANK YOU to all of you!

> A Special THANK YOU to our former BINGO leaders: Lisa Huppertz, Edna Lavigne, & Jane Bell.

A Special THANK YOU to our current BINGO leader Josey Banera.

From the Kitchen Evy Bialek

When the colours change, we know it is time to wear the Poppy. Lest we forget our loved ones who served, their names will forever remain in our thoughts.

In the kitchen we come up with hearty meals that will stick to your ribs and keep you coming back!

The monthly Pancake Brunch will be going for some time. It is a change for our guests and seems popular.

We, in the kitchen enjoy each other's company very much and pick up tips. We love seeing your friendly faces as you come to our counter. If we forget your names, please forgive us, as we have a lot of curlers who have joined us lately. If you would like, we can wear our name tags so you know who we are.

We are a patient bunch, and let's hope the snow is too.

Have a great November!

FRIDAY LUNCHES

Served from 10:45 - 12:15:

Nov. 1 - Turkey shepherd's pie, salad, pumpkin slice

Nov. 8 - Chicken tortilla soup with egg salad or tuna on a bun, lemon slice

Nov. 15 - Pork cutlet, scalloped potatoes, peas & carrots, chocolate or butterscotch pudding

Nov. 29 - Lasagna, caesar salad, jello

Served from 9:00 - 12:15:

Nov. 22 - Pancake Breakfast - pancakes, sausages, fruit with whipped topping



\$ 8.00 (comes with coffee)



Perogies

-Elaine Einarson

Perogies October 1 & 2, 2024. Well greetings everyone we are off to the start of another year making perogies. I am still looking for a replacement so if anyone is interested please let me know and I will be glad to share my duties. The morning started at 8 AM and by 12 noon we had 100 pounds of potatoes peeled, mashed and prepared for making balls. This was completed with nine volunteers. We have a new member who came in this morning. Her name is Sylvia Armenti and appears to be a very good worker. I hope she sticks around with the rest of us. Linda Shipman & Vera Ralke are going to be doing coffee break and lunches on

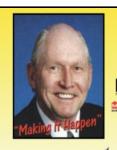
Ralke are going to be doing coffee break and lunches on Wednesday, which will lighten my load a bit. Ron Desrosiers and Debra Acton did the mashing of the potatoes, etc. and did an excellent job as I'm sure you'll see. There will be a few of us going in later in the afternoon and making a few balls to get started for Wednesday pinching day. That's all for now.

Day 2: the day started at 7:30 AM with Garry and Patti making the dough. it wasn't long after and our new recruit. Sylvia came through the door about 8 AM and started making balls until the rest of the crew came. They arrived shortly there after as well as several of the pinchers and we were off to a very busy day. We made 224 dozen perogies of which 10 dozen were utilized for the volunteers lunch. We were completed by 11:45 a.m. and sitting down eating by 12 noon. Everything went very smoothly thanks to the runners, the pinchers, the boilers, the coolers, the packers, and special thanks to the dishwashers Linda and Pauline, and the list goes on. Also thanks to Lori Anne for doing the laundry. Thank you so much everyone for your part, I feel if this continues for the next two months we will be enjoying perogies in 2025.

In total, we had 42 volunteers for the two days at 132.25 volunteer hours this is amazing.

Thank you Elaine

Next Perogy Bee is November 5th (prep) & 6th (making day)



Chris Neufeld Tel.: 204-642-8501

> Cell: 204-641-1727 Toll Free: 1-888-642-8501 Fax: 204-642-8457

Email: chrisneufeld@mts.net



56 Centre St., Gimli, MB.



Nicole (Nikki) Chapnick

LAWYER & NOTARY PUBLIC

109-94 1ST AVENUE, GIMLI, MANITOBA

PHONE: 204-642-9111 EMAIL: NIKKI@LAKESIDELAW.CA WWW.LAKESIDELAW.CA



Hello everyone, let me introduce myself, my name is <u>Cathy Timko</u>, and many of you may know me from Wednesday Night Bingo, as well as being one of the New Horizons' Social Volunteers.

This year our current Social Director
Carol Simonson has decided its her time to
step down and devote her energies to
family and the pursuit of happiness,
which she so rightly deserves!
After travel season we hope to see her back
at the club along with the drive and
enthusiasm we have all come to
expect from her!
Have a great winter Carol!

Looking ahead, Carol has left us well organized for the Christmas Dinner.

>>>>>> See details >>>>>>>>

Tickets will go on sale November 18th at 10:00 a.m., and I hope to meet many of you personally that day.
I can guarantee this year's dinner will be memorable.

I am planning to touch base with the various activity groups we have at New Horizons, and I will definitely be picking your brains for ideas and suggestions as well as a bit of help when needed!

Here's to a year of fun, companionship, and a lot of laughs!







Activities



Fall Season runs til December 13th

FUN - Thursdays at 10:00 a.m.

Activity Leader: Arlene Bernshine (204) 782-5071



LEAGUE - Fridays at 10:00 a.m.

Activity Leaders:

Elaine Einarson, Linda Shipman, Eva Sohan



Ukulele Strum' -Gayle Halliwell

We are happily strumming at a new time!
We now meet from 11 until 12:30 every Thursday.

Our group is growing, with some juststarting and seasoned folks joining this fall.

Special thanks to Tony Ducharme who has helped newbies get started.

If you would like to join us, please contact Gayle (through the office)



Eirik Bardal

Owner / Funeral Director

Telephone: (204) 949-2200 Gimli: (204) 642-7124 Fax: (204) 694-9494 Email: info@nbardal.mb.ca

3030 Notre Dame Avenue Winnipeg, Manitoba R3H 1B9 82 5th Avenue

Gimli, Manitoba R0C 1B0





Memoir Writing - Wednesdays

We now have a full class, so sign up on our waiting list if you are interested.

If you are interested in more information, please contact Ruth at (204) 389-5157



Woodcarvers

-Dave Tustin

1:00 p.m. Fridays in the Harmony Room





Activities

MOVING TOGETHER TAI CHI GIMLI

-Phyllis Holmes

The classes will be in the Harmony Room **Tuesdays and Fridays** Beginners start at 9:30 am and regular class at 10:00 am

October has been an exciting and productive month for our Tai Chi class.

The new beginners have almost completed the first set. Most importantly the beginners are determined to keep learning and to not give up.

Our Tai Chi class also made donations to New Horizons and The Westshore Community Foundation (the Devlin family legacy fund) and Gimli Betel for the recreational department. Our class voted on the amounts and recipients that would receive the cheques.

> Please phone me if you have any questions (204) 642-9054



Yoga - Leanne Stevens

Welcome NOVEMBER!

Come and join us....the classes emphasize creating strength, stamina and flexibility in the body and the mind. This is done by linking the breath with mindful moment of the body to promote relaxation and well being for the inner and outer body. Classes are accessible for all levels of experience and chair yoga options are always provided.

Please bring a mat and yoga blocks if you have them. A blanket is also helpful for the relaxation part of the class.

Classes are led by Leanne, CYI with 20 years of teaching experience.

We meet Tuesdays and Thursdays at 9:30 am.

Fees are \$12 per class if paid for the month or \$14 for drop in. First class is \$5.

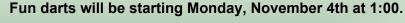
If you have any questions please contact Leanne at 204-641-3920, or email stillbluecatyoga@gmail.com

Namaste. Leanne



A call out to interested Darts players!

-Julie Ewanchuk



It will be a cost of \$2.00/person to play.

Random teams will be picked each week. Darts will be in the Harmony Room. If you would like to play, please arrive a few minutes early so your name can be entered into the hat for picking teams. If you would just like to come out and try your hand at it, there will be darts available. Feel free to bring your own if you have them.

It's just one more way New Horizons is helping all of us to be active and have an afternoon of good fun.

Hope to see all interested come out and give a "Toss". If you need more info, Jonie and Margaret can help you or direct you to me.





Travel is Back + Space is Limited! Visit: www.authenticvacationdesigns.com

Beat the Crowds - Plan Now, Travel Later Contact me to getcha started! Email: syndi@authenticvacationdesigns.com

> Syndi Prokopich Your Personal Travel Concierge 204-642-4134

Jasmin Theobald

Tel.: 204-642-8501 Cell: 204-651-1268

Toll Free: 1-888-642-8501





Email: jt.interlake@gmail.com

56 Centre St., Gimli, MB.



Activities



Painting Tuesdays at 1:00

-Sandy Reimer

Our painting group is a gathering of like minded painters with a varied skill level and media who enjoy painting in a group.

The pegboard in the Card Yard displays some painting that are for sale. Payment for the paintings is to be made to

Jonie or Margaret at the office before removing them.

Fibre Arts

We are a creative group of Fibre Artists. Anything from knitting, crocheting, garments, Needle point of any kind, spinning, Wall Fibre Art etc., and of course Quilting. We craft while learning from and enjoying each others company. Must be a member of New Horizons and pay a \$2 Activity fee each visit. Bring your lunch, enjoy our show'n'tells and have fun.

Every Tuesday from 10 am til 1:30 pm. Not sure...? We have a Drop in fee of \$7.00 See what we're about! Would love to have you!



Dances are selected from ballroom, old time, country and other dance genres.

We continue with **East Coast Swing**. Our last class for this term will be December 3rd, returning in January.

Tuesdays 1:00 p.m. for beginners Tuesdays 7:00 p.m. for dancers that have learned the basics **Intermediate and advanced only**

\$10 cash per person, per class.

You will need to be a member of Gimli New Horizons to participate in the programs.

We are a group of people that love to dance with one's partner. If you want to dance in the Interlake at social events, this is a great class for you.

Calling all single persons that would like to join us. If you would like to be placed on a waiting list for a partner, call me. Right now, we have an opening for 2 female partners for 2 gentlemen that are interested in our classes.

Gail Flurak (204) 642-7834

Fraserwood Hall

Old Time Dances 2024

IPM - 5PM on the below listed Sunday's:

September 8 | November 10 | December 8

Light Lunch at 3PM

Bands to be announced

Funded In Part: Funded by the Government of Canada's New Horlzons for Seniors Program

Miles on friday Nights

Doors open 5PM Canteen & Bar open 5:15PM Games start at 7:15PM

5 Share the Wealth games 15 Regular games with 160 payout

(Reduced games with low attendance)

Jackpot | First Special | Bonanza | Lucky 7 | Star Weehouse | Houdini | Loonie Pot | Break Opens | 50/50 Games subject to change without notice

Upcoming Events:

Fall Supper - October 19 Craft Sale - November 16 2025 Event Dates will be listed soon

We look froward to seeing you at our next event!

need More Information.

204-643-5302

fraserwoodhall1@gmail.com



GAMES at the Centre



DUPLICATE BRIDGE

Brian Wallace Wednesdays @ 1:00 pm

Duplicate bridge is the most widely used variation of contract bridge in club and tournament play.

It is called duplicate
because the same bridge deal is played
at each table and
scoring is based on
relative performance.





Allison Atkey & Judy Brown Fridays @ 1:00 pm

We had our second get together after bridge on October 18th. We were back at Interlake Brewery, but may choose

Brewery, but may choose another place next time (November 15th).

We play contract bridge every Friday, gathering by 12:55 to prepare to play at 1:00.

New players are welcome - we play quite informally.

The cost is \$3 for members.



TEXAS HOLD 'EM

Wednesdays at 1:00 pm - Ron Martin

Come and join us for Texas Hold 'Em....we always have room for more players!



CRIBBAGE -THURSDAYS @1:00 p.m.

- Doris Lloyd

Bring \$2 activity fee plus \$2 prize money.



<u> Monday Canasta</u> -

Activity Leader - Lauralee Hackert Mondays at 1:00 pm

Come and join our friendly group.

Partner selection and table assignment starting at 12:50 on the dot with play at 1:00 p.m. We play two types of Canasta for those who might like variety. Games end between 3:30 & 4:00 p.m. If you want to learn how to play Canasta, Monday is the day to attend!

Friday Canasta -

Activity Leader - Audrey Corrie Fridays at 1:00 pm

Canasta is easy to learn as it is a take off from Rummy.

Come and join us.....seasoned players OR beginners welcome. We have great teachers.

We start playing at 1:00 pm with partner and table selection 10 minutes before.

Good-bye and safe travels to our snow birds that will be leaving soon. Have a great winter!



Community Service

17 Loni Beach Rd.

Gimli New Horizons



Wednesday Nights @ 7:00pm Doors Open@ 5:30pm No Cards Sold After 6:50pm

EVERYONE WELCOME!

Watch our Facebook page for the pot amounts for each week.

Bingo is an event/activity we offer to the community!

We appreciate the support given to the Centre from all our bingo players.

Enjoy a game or two of Bingo at our Centre on Wednesday nights. Great opportunity to get out and spend time with friends. We appreciate all our bingo players for supporting us all year.

Canteen available - Hot dogs, popcorn, chips, chocolate bars, ice cream and butter tarts. Coffee, pop, and water available. Check out the GNH Facebook page for Canteen Specials!

Snack while you play!



A Non-profit organization, operated by a board of volunteers. Funding for this service is provided by Provincial grants and donations from municipalities, the province, service clubs and other groups and individuals.



A FEW WORDS FROM THE BINGO CANTEEN:

AS I'M SURE MOST OF YOU KNOW, NEW HORIZONS WEDNESDAY NIGHT BINGO HAS HIT A MILESTONE. 50 YEARS OF BINGO, THAT'S RIGHT, 50 YEARS! OH, IF THE WALLS IN THE BINGO HALL COULD TALK. I CAN ONLY IMAGINE THE STORIES, THE LAUGHTER, THE EXCITEMENT, THE HIGHS AND THE LOWS. MANY PEOPLE HAVE SAT IN THE GRAND ROOM ON A WEDNESDAY NIGHT, SOME STILL SIT IN THEIR **FAVOURITE LUCKY SPOTS, AND SOME HAVE** SIMPLY PASSED THROUGH. FOR THOSE PLAYERS WE HAVE LOST. NEW ONES ARRIVE TO FILL THE SEATS.

FROM MY VANTAGE SPOT BEHIND THE BINGO MACHINE. OR THROUGH THE CANTEEN WINDOW, I CAN HONESTLY SAY THAT IT HAS BEEN A REAL PLEASURE TO WATCH IT ALL UNFOLD. **NEW FRIENDSHIPS BEING MADE, AND OLD** FRIENDSHIPS RENEWED. THE BINGO VOLUNTEERS ARE SO HARD WORKING,

AND SO MUCH FUN TO BE AROUND. IT IS TRULY AN INSPIRATION, WHICH IS WHAT I BELIEVE IS AT THE HEART OF

VOLUNTEERISM.

THANKS TO ALL OF YOU FOR SUPPORTING THE CANTEEN, YOU INSPIRE US TO REACH HIGHER.

HAPPY 50th ANNIVERSARY!
-Cathy Timko

Community Service

Caregiver Support

third Monday of the month



Being held at Gimli New Horizons

Next meeting date - November 18th, will be in the GRAND ROOM at 1:00 p.m.

Alzheimer's disease and other forms of dementia can leave those with the disease and their care partners feeling isolated. You are not alone. There are other people to share the journey with you!

Support groups offer the opportunity to meet, interact with and learn from others who are living with dementia. It's a safe environment where you can share, laugh, and help each other through mutual understanding.

If you would like to attend (it's for caregivers only) please call Samantha Holland $\gtrsim 204-268-4752$ Thanks!



News from the Seniors Resource Program

Snow Removal

Winter is just around the corner... If you need a hand with snow removal, please give

us a call at the office 204-642-7297 and we would be happy to find someone to help you out.

MEALS. MHEELS Interested in delivering Meals on Wheels either in Gimli or Winnipeg Beach/Village of Dunnottar? If so and would enjoy

brightening someone's day with a friendly hello, please give us a call! These lunchtime meals are delivered Mondays, Wednesdays and Fridays from New Haven Lodge in Gimli and from the Winnipeg Beach Lake Lodge. If you are interested or require more information, please call the office at 204-642-7297. We look forward to hearing from you!





4
N
N
er
9
Ä
Ve

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	SATURDAY
									1 9:30 10:00 10:00 1:00 1:00	Friday Lunch 10:45-12:15 2 Tai Chi - Beginner Tai Chi Floor Curling - League Bridge - Contract Canasta Wood Carving	
3	4		2	Perogy Prep Day	9	Perogy Making Day	7		00	Friday Lunch 10:45-12:15 9	
	10:00 11:00 1:00 2:30	Cardio Sculpt - Week 7 Core & More - Week 7 Darts Tai Chi 'Practice'	9:30 9:30 10:00 10:00 1:00 1:00 7:00	Yoga with Leanne Tai Chi - Beginner Tai Chi Fibre Arts Social Dance Painting Social Dance	10:00 10:00 11:00 1:00 7:00	Cardio Sculpt - Week 9 Memoir Writing Core & More - Week 9 Duplicate Bridge Texas Hold 'Em Bingo	9:30 10:00 11:00 1:00	Yoga with Leanne Floor Curling - Fun Ukulele Cribbage	9:30 10:00 10:00 1:00 1:00	Tai Chi - Beginner Tai Chi Floor Curling - League Bridge - Contract Canasta Wood Carving	
10	11	CENTRE CLOSED	12		13		14		15	Friday Lunch 10:45-12:15 16	
	-	was We Forge	9:30 9:30 10:00 10:00 1:00 1:00 7:00	Yoga with Leanne Tai Chi - Beginner Tai Chi Fibre Arts Social Dance Painting	10:00 10:00 11:00 1:00 7:00	Cardio Sculpt - Week 10 Memoir Writing Core & More - Week 10 Duplicate Bridge Texas Hold 'Em Bingo	9:30 10:00 11:00 1:00	Yoga with Leanne Floor Curling - Fun Ukulele Cribbage	9:30 10:00 10:00 1:00 1:00	Tai Chi - Beginner Tai Chi Floor Curling - League Bridge - Contract Canasta Wood Carving	
17	18		19		20	50th Anniversary Bingo	21		22	Pancake Breakfast 9-12:15 23	
	10:00 11:00 1:00 1:00 2:30	Cardio Sculpt - Week 8 Core & More - Week 8 Canasta Darts Tai Chi 'Practice'	9:30 9:30 10:00 10:00 1:00 7:00	Yoga with Leanne Tai Chi - Beginner Tai Chi Fibre Arts Social Dance Painting	10:00 10:00 11:00 1:00 7:00	Cardio Sculpt - Week 11 Memoir Writing Core & More - Week 11 Duplicate Bridge Texas Hold 'Em Bingo	9:30 10:00 11:00 1:00	Yoga with Leanne Floor Curling - Fun Ukulele Cribbage	9:30 10:00 10:00 1:00 1:00	Tai Chi - Beginner Tai Chi Floor Curling - League Bridge - Contract Canasta Wood Carving	
24			5 6		27		28		29	Friday Lunch 10:45-12:15 30)
	10:00 11:00 1:00 1:00 2:30	Cardio Sculpt - Week 9 Core & More - Week 9 Canasta Darts Tai Chi 'Practice'	9:30 9:30 10:00 10:00 1:00 7:00	Yoga with Leanne Tai Chi - Beginner Tai Chi Fibre Arts Social Dance Painting Social Dance	10:00 10:00 11:00 1:00 7:00	Cardio Sculpt - Week 12 Memoir Writing Core & More - Week 12 Duplicate Bridge Texas Hold 'Em Bingo	9:30 10:00 11:00 1:00	Yoga with Leanne Floor Curling - Fun Ukulele Cribbage	9:30 10:00 10:00 1:00 1:00 1:00	Tai Chi - Beginner Tai Chi Floor Curling - League Bridge - Contract Canasta Wood Carving	