DECEMBER 2024 HILITES



Founded in 1974 & Still Going Strong!

Tel: (204) 642-7909 Email: gimli55@mts.net

Follow us on Facebook as Gimli New Horizons



Centre hours over Christmas:

Closed December 23rd - January 1st We will re-open at 9 a.m. on Tuesday, January 2nd

Around the Centre



New Horizon Money:

- Can be used at New Horizons only.
- Good for activities run by the Centre in lieu of cash for the activity fee
- Good for any programs run at the Centre (tours, socials)
- Good for social events run by the Centre
 tickets, liquor, silent auction, 50/50
 draws
- Good for Friday lunches, perogies, etc.





CANTEEN



Mini canteen is running smoothly.

Coffee/Tea, chips, hot rods, drinks and water are \$1.00 each.

Chocolate bars & trail mix are \$1.25 each.

Follow us on Facebook as "Gimli New Horizons"

Please like & share our posts to help our messages circulate and go further!









DONATION RECEIPTS

If you donate \$25.00 or more to the Centre, we can issue you a tax receipt....please ask us!

BOOKS & PUZZLES - Available during Centre Hours



We are encouraging "bring a book, take a book", to keep our books and puzzles manageable.





PROUD SUPPORTERS

of Gimli New Horizons 55+

At Pharmasave Gimli our

Live Well pharmacists care about the health and well-being of our customers. We want to be with you every step of the way.



204.642.5504



Our New Horizons 50/50 is going strong! \$2.00 each. Draw date at end of each month. Envelopes are all around the Centre - simply put \$2 in the envelope, write your name & phone number on the front of the envelope, and bring to the container at office window.

No limit on how many you can buy!

The past 50/50 proceeds have been used in the purchase of miscellaneous items throughout the Centre.



The tree is in the entrance to New Horizons.

Leaves can be purchased from the office for a minimum \$25.00 each and imprinted with names of people special to us.



Tax receipt upon request.



Marc Palsson Owner

100-7th Avenue Gimli, MB R0C 1B0

Telephone: (204) 642-9688 Fax: (204) 642-8688

Toll Free: 1-877-770-7662 (RONA)
Email: service@ronagimli.ca
Website: www.rona.ca



OPEN 7 DAYS

CENTRE



EN COMPANY

111

Chris Neufeld

Tel.: 204-642-8501 Cell: 204-641-1727 Toll Free: 1-888-642-8501

Fax: 204-642-8457
Email: chrisneufeld@mts.net
www.interlake.mb.ca



56 Centre St., Gimli, MB.

Gimli New Hortzons FUNG 1821



Interlake Packers Sausage Rings

Order Deadline December 2nd

Ham Sausage \$10.00

Coarse or Fine

Cash or Cheque Only

Pick up Date is December 12 between 10am - 3pm

Sign up on Bulletin Board

at Gimli New Horizons
or call 204-642-7909



GIMLI HOME HARDWARE

75 Centre St. Gimli, MB

Ph: 204-642-5489 Fax: 204-642-1210

Open 7 days a week

Senior Day 15% off up to \$300

1st Monday every month

About the Centre





Gimli New Horizons 55+ Centre Inc., 17 Loni Beach Rd., Gimli (Formerly 17 North Colonization Rd) was incorporated in 1974 as a not for profit/charitable organization.

Executive: 2024/2025						
President	Cindy Stewart					
Past President	Roy Clarke					
1st Vice	Lynda Dodunski					
2 nd Vice	Vera Szczepanski					
Secretary	Julie Ewanchuk					
Treasurer	Lavona Clarke					
Directors:	2024/2025					
Building/ Maintenance	Garry Peterson					
Kitchen	Evy Bialek Josey Banera Audrey Corrie					
Bingo						
Member at Large						
Member at Large	Richard Szczepanski					
Member at Large	Brian Sumner					
Membership	Gail Hurak					
Publicity	Graham Watson					
Social Commitee	Cathy Timko					
Volunteers	Allison Atkey					
Office Staff:						
Facility Manager	Jonie Johnson					
Facility Manager Assistant	Margaret LaRocque					

A note from the office staff:

Please note that the office staff have different email addresses.

To reach Jonie regarding Centre related information: gimli55@mts.net

To reach Margaret for Hilites Newsletter, advertising and membership info:

hilites@mts.net

New Horizons has regular board meetings &

4 general meetings throughout the year to keep our Centre fully up to date.



Like our Facebook page: GIMLI NEW HORIZONS

We keep all our events and notices
posted on our
Facebook page.
It is the best way to keep informed as to
events at the Centre.
Also watch for any closures
in winter on the Facebook page.

MISSION STATEMENT

"The Centre will be an asset to the community by providing a pleasant place for recreation, relaxation and companionship, and by encouraging all members to remain active and socially connected while maintaining their physical and mental health"

President's Message

It is starting to "feel a lot like Christmas". The snow the other day started me thinking that the holidays are just around the corner and I better get busy!

I would like to congratulate our Bingo volunteers on doing a fabulous job in celebrating 50 years of Bingo on November 20. This is the longest running event under our umbrella.

Just a word of caution about scams: I almost became a victim to one this month: an email from MTS came asking me to update. As I knew MTS was updating the email service I clicked on but looking at the address it didn't seem right: **bellmts.one mob.com** I called MTS and sure enough a scam. Be Careful!

This is a joyous occasion for many, getting to connect with family and friends or being able to enjoy a warmer climate. On the other side this can be a very hard

time for some and are struggling to find joy as they may be mourning the loss of a loved one, or decline in health and /or mobility. Please keep those in your thoughts and hearts.

Lessons From A
Christmas Tree

* Twinkle.

* Share your gifts.

* Bring joy to others.

* Be a light in the darkness.

* We all fall over sometimes.

* You were born
to sparkle...
even if your
garland's a
little droopy.

* It's okay to be
a little tilted.

Jim and I would like to wish you all a Merry Christmas and keep the spirit of the holidays all year long.





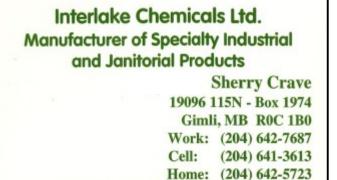


If you're sick, please stay HOME



Out of respect for all our members, if someone is sick in your household with a cold, flu OR Covid, please refrain from coming to the Centre.

Germs spread easily and we all need to do our part to stop the spread.





Activities This Month



	11011			TATOILLI	
Activity	Activity Leader	PHONE	Price	Day/Time	Room
BINGO	Josey Banera	641-0967	Pay what you play	Wednesday 7:00 p.m.	Grand Room
Bridge - Contract	Allison Atkey Judy Brown	642-7909	\$3.00	Friday 1:00 p.m.	Coffee Spot
Bridge -Duplicate	Brian Wallace	376-5603	\$2.00	Wednesday 1:00 p.m.	Card Yard
Canasta - Friday	Audrey Corrie	642-1581	\$2.00	Friday 1:00 p.m.	Card Yard
Canasta - Monday	Lauralee Hackert	642-5382	\$2.00	Monday 1:00 p.m.	Card Yard
Cardio Sculpt	Susie Stevenson	642-7909	Pre-paid or \$7.00	Monday 10:00 a.m.	Grand Room
			drop in	Wednesday 10:00 a.m.	Grand Room
Core & More	Susie Stevenson	642-7909	Pre-paid or \$7.00	Monday 11:00 a.m.	Grand Room
			drop in	Wednesday 11:00 a.m.	Grand Room
Cribbage	Doris Lloyd	642-8180	\$4.00	Thursday 1:00 p.m.	Card Yard
Darts	Julie Ewanchuk	470-8937	\$2.00	Monday 1:00 p.m.	Harmony Room
Fibre Arts	Darlene Bohemier	642-7850	\$2.00	Tuesday 10:00 a.m.	Coffee Spot
Floor Curling (Fun)	Arlene Bernshine	782-5071	\$2.00	Thursday 10:00 a.m.	Grand Room
Floor Curling (League)	Elaine Einarson Linda Shipman Eva Sohan		Fall Season FREE	Friday 10:00 a.m.	Grand Room
Memoir Writing	Ruth Asher	389-5157	\$2.00	Wednesday 10:00 a.m.	Coffee Spot
Painting	Sandy Reimer	641-1970	\$2.00	Tuesday 1:00 p.m.	Card Yard
Tai Chi BEGINNERS CONTINUING	Phyllis Holmes	642-9054	\$2.00	Tues & Fri 9:30 a.m. 10:00 a.m.	Harmony Room
Tai Chi 'Practice'	Cindy Blicq Judy Brown	642-7909	\$2.00	Monday 2:30 p.m.	Grand Room
Texas Hold 'Em	Ron Martin		\$3.00	Wednesday 1:00 p.m.	Coffee Spot
Social Dance (Let's Go Dancing)	Gail Hurak	642-7834	\$10.00	Tuesdays at 1:00 & 7:00 p.m.	Grand Room
Ukulele Strum'	Gayle Halliwell	389-3832	\$2.00	Thursday 11:00 a.m.	Harmony Room
Woodcarvers	Dave Tustin	389-2305	\$2.00	Friday 1:00 p.m.	Harmony Room
Yoga with Leanne	Leanne Stevens	641-3920	\$14 drop in or \$12	Tuesday 9:30 a.m.	Grand Room
			prepaid	Thursday 9:30 a.m.	Harmony Room

MEMBERS HIP

-Gail Hurak

Membership year: Oct. 1 - Sept. 30

\$25 regular membership (55+) \$30 associate membership (50-54) Memberships are an annual fee.

M - F 9 - 4:00 at the office (Cash or Cheque)

Our October membership numbers were **453**

The New Horizons 55+ Activity Centre is a great place to meet new people and to engage with other members doing an activity that you enjoy.

We have many programs and social activities for everyone 55+ or older!

Pick up a Hilites newsletter when you renew or sign up as a new member.

Check out our Facebook page to find out which programs are running.

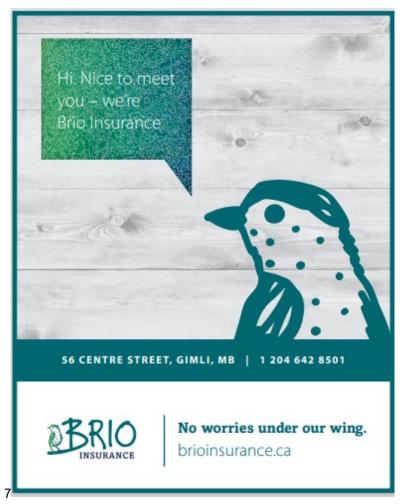
(We post the Hilites every month on Facebook)

Is there a program that you would be interested in having at our Centre? Are you willing to lead a program of your choice? Present your idea to the office and perhaps we can add it to our variety of programs.









Health & Wellness

Bereavement Support

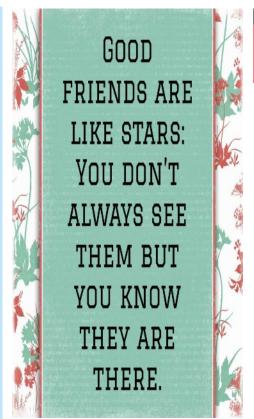
Losing a loved one is never easy; whether the loss was anticipated or without warning, the pain is the same.

Sometimes it helps to talk to other people who are experiencing the same feelings and challenges.

The bereavement session allows individuals or groups to share their pain.

When you reach out for help, this is the first step of healing.

For more information contact the New Horizons Office to connect you with our Bereavement leader 204-642-7909



SENIORS' CENTRE WITHOUT WALLS

Senior Centre Without Walls
offers a unique opportunity for
Manitobans, 55 years of age
and older, to join educational and
recreational programs
from the comfort of their own homes
via teleconference format.

Programming topics include; educational presentations, health and wellness, language classes, book clubs, travelogues and support groups.

The free programs are accessed through a toll-free number and are offered during the day and evenings.

Toll free # 1 (888) 333-3121







Travel is Back + Space is Limited!

Visit: www.authenticvacationdesigns.com

Beat the Crowds – Plan Now, Travel Later Contact me to getcha started!

Email: syndi@authenticvacationdesigns.com

Syndi Prokopich Your Personal Travel Concierge 204-642-4134



Perogies

-Elaine Einarson

Perogies - November 5 and 6, 2024....Our second month of perogies was a success, I want to acknowledge all the volunteers that come out each month to make this a successful project. If you could hear yourselves during the coffee break, the room was just a buzz, meaning people are having a good time doing something constructive. To the volunteers that come in on Tuesday and peel potatoes and prepare the filling. You are amazing. To the small group that comes in later in the evening to make potato balls in preparation for the pinchers Wednesday morning, I thank you. Since our holy rollers have dwindled, it is a big help for them to have these potato balls premade. To the volunteers that come in early Wednesday to make the dough and have it ready for the lady that does the sheeter, to the pinchers the boilers, the coolers the packers & money lady I thank you.

Our next perogy day will be December 3 and 4. Please mark your calendar to make Richard's job easier not having to call everyone. We will not be making perogies in January. February we will be back at it.

Special thanks to Pauline, Linda, Sylvia & a newbee Janet for going the extra mile doing dishes, pots, and pans and also to Lori Anne for taking the towels and aprons to wash thank you everyone see you December 3 & 4.







SNOW FAMILY NORTH POLE CANDY CANE GIVING PRESENTS STAR CAROLS JINGLE REINDEER STOCKINGS CHRISTMAS JOY SANTA TREES LIGHTS SLEIGH





 ${
m I\!R}$

John Wishnowski

Tel.: 204-642-8501 Cell: 204-479-1208 Toll Free: 1-888-642-8501 Fax: 204-642-8457

Email: iwish@interlake.mb.ca www.interlake.mb.ca

56 Centre St., Gimli, MB.



Tel.: 204-642-8501 Cell: 204-651-1268 Toll Free: 1-888-642-8501







Email: jt.interlake@gmail.com

56 Centre St., Gimli, MB.



From the Kitcher

Now that December is here, we will be donning heavier clothing. Our winter will be shortened somewhat, and we're fine with that. The snow will be coming no matter what, so we might as well enjoy the beauty it brings.

We will be cooking up some soups along the way and a great variety of lunches and brunches.

We really appreciate seeing all of your friendly faces.

Your patronage is much appreciated, and it makes the work and effort we put in very gratifying.

Thank you to our team leaders, our staff, and all of our curlers.

The Board did a brainstorming exercise about volunteering and one word stood out for me: "Mentor."

A suggestion for experienced volunteers is to take someone new under your wing and show them the ropes.

Debbie was my mentor in the kitchen this month and while it may have slowed her down to guide me, it was fun for me to learn something new and build my confidence.

There are more nuances to washing dishes here than I expected!

-Allison Atkey



Collecting old glasses & hearing aids

The Lions Club International has left a box for us to collect used eye glasses (no cases) and hearing aids. They send them to developing

countries.





FRIDAY LUNCHES

Served from 10:45 - 12:15:

Dec. 6 - Pizza, salad & a butter tart

Dec. 13 - Potato Soup (with onion, carrots and bacon). Croissants with chicken salad & cranberries, raspberry or lime poke cake



\$ 8.00 (comes with coffee)





Are you interested in Snowshoeing?

We have snowshoes in small, medium and large you can sign out. (And at no cost!)

Sizes are based on weight.

Contact the Centre office at (204) 642-7909

Fraserwood Hall

Old Time Dances 2024

IPM - 5PM on the below listed Sunday's:

September 8 | November 10 | December 8

Light Lunch at 3PM Bands to be announced





🚅 on friday Nights

Doors open 5PM Canteen & Bar open 5:15PM Games start at 7:15PM

5 Share the Wealth games 15 Regular games with 160 payout

(Reduced games with low attendance)

Jackpot | First Special | Bonanza | Lucky 7 | Star Weehouse | Houdini | Loonie Pot | Break Opens | 50/50 Games subject to change without notice

Upcoming Events:

Fall Supper - October 19 Craft Sale - November 16 2025 Event Dates will be listed soon

We look froward to seeing you at our next event!

need More Information.

204-643-5302 fraserwoodhall1@gmail.com



Social Committee

-Cathy Timko

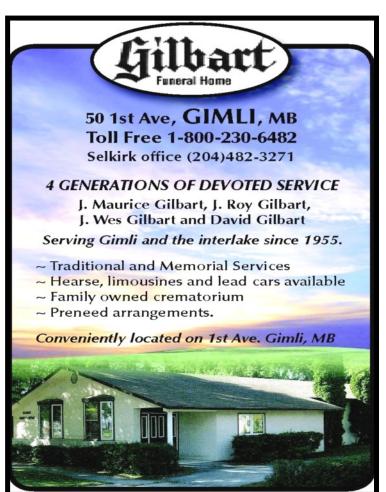
Well, it's almost time to turn the page on 2024 and begin the next chapter at New Horizons for 2025! The year goes by very quickly when viewing it from December to December. This year we enjoyed some great activities and functions, from the Golf Tournament at Sandy Hook to the Fall Fashion Show here at the club and ending with the Christmas Dinner and Dance. (See January 2025 Hillites for pictures & write up)

In the New Year the Social Committee Volunteers will be reaching out to you, the Membership, to give us your ideas and plans for what you would like to see included in the Social Calendar for 2025. We will be at the early stages of discussing another Trivia Night, which is always a fun time for all, as well as a Spring Tea, Golf Tournament, Social Dancing events, to name a few.

Because this will be my first year as Social Director, I am relying on your experience and input to help shape the direction we take moving forward.

By engaging the various activity groups here at New Horizons, I am certain that we can come up with some unique and fun events.

A sincere thanks to all who help make this happen.
A safe and Happy Christmas to all.
See you in the New Year!



Activities



Mondays

Cardio Sculpt 10 - 10:45 a.m. starting January 6th

Core & More 11 - Noon starting January 6th

Wednesdays

Cardio Sculpt 10-10:45 a.m. starting January 8^h

Core & More 11 - Noon starting January 8th

Saturdays (Will only run with enough interest)

Drums 9:30 - 10:30 a.m. starting <u>January 11th</u>

9 WEEK SESSION

There will be a 3 week break during this session, no classes January 27th - February 15th

Please watch the calendar on the back page of Hilites for when classes are on.

1 class/week - \$ 55

2 classes/week - \$ 100

3 classes/week - \$ 135

4 classes/week - \$ 162

5 classes/week - \$ 180

Drop in fee per class - \$7.00

Deadline to sign up - January 2, 2025

Cash or Cheque payment accepted, please pay as you sign up to reserve your spot

(Non-refundable & Non-transferable)

Sign up at the Office

CLARITY Computer



Old, or just a Slow Computer? Consider upgrading the Hard Drive to a faster Solid State Drive.

Computer Repair & Maintenance

Reasonable Rates

Chris Mulroy 389-4930

pick up & delivery can be arranged

clarity@mts.net www.claritycomputer.ca

Activities



Fall season ends December 13th

Winter Season runs January 10 to April 25th

FUN - Thursdays at 10:00 a.m.

Activity Leader: Arlene Bernshine (204) 782-5071

LEAGUE - Fridays at 10:00 a.m.

Activity Leaders:

Elaine Einarson, Linda Shipman, Eva Sohan

Sign up sheets for the 'January into Spring' season are up on the bulletin board.

Start date will be January 10th

Teams will be picked in December and all skips will be advised and contact their teams.

If you are interested in helping run this session, please see the office.

H.P. Tergesen & Sons



82-1st Avenue

204-642-5958

info@tergesens.com

Facebook-H.P. Tergesen & Sons

Instagram-@tergesens



Memoir Writing - Wednesdays

We now have a full class, so sign up on our waiting list if you are interested.

If you are interested in more information, please contact Ruth at (204) 389-5157



Woodcarvers

-Dave Tustin

1:00 p.m. Fridays in the Harmony Room





The Ukulele Strum group had fun learning and playing songs for Hallowe'en last month:

Monster Mash, Addams Family and Love Potion #9.

We've been using 'I'd Like To Teach the World to Sing' as our warmup song, and have tried many new ones since September.

Learning to play; playing to learn!

Thursdays, 11 a.m. to 12:30 p.m.

Call Gayle for more info. (204) 389-3832





Activities

MOVING TOGETHER TAI CHI GIMLI

-Phyllis Holmes

The classes will be in the Harmony Room

<u>Tuesdays and Fridays</u>

Beginners start at 9:30 am and regular class at 10:00 am

The entire year went by so fast.

We hope everyone has the best Christmas and

New Years and that you get to be with the people you love. Cherish every minute that you spend with family and friends. It is so important to get out of the house and go to a class where you can exercise and socialize at the same time.

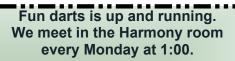
If you know someone that is stuck at home, try suggesting to them that you pick them up and take them to a class.

Best wishes to everyone during the holidays and I will look forward to seeing you in 2025.



Please phone me if you have any questions (204) 642-9054





It is a pay as you play activity. \$2.00 will get your name in the hat and a random pick partners you up with another player for the day. It really is Fun Darts. Some players haven't played for many years and by the end of the day, are back to playing like the

pros. If you have never tried darts, come out and give it a throw.

There is always lots of chatter and laughter going on.

It's a fun, easy way to spend an afternoon with

other dart players. Everyone is welcome. There is no sign up.

Just come out and play.

See you soon, Cheers, Julia Ewanchuk



Yoga - Leanne Stevens

Welcome DECEMBER!

Come and join us....the classes emphasize creating strength, stamina and flexibility in the body and the mind. This is done by linking the breath with mindful moment of the body to promote relaxation and well being for the inner and outer body. Classes are accessible for all levels of experience and chair yoga options are always provided.

Please bring a mat and yoga blocks if you have them.

A blanket is also helpful for the relaxation part of the class.

Classes are led by Leanne, CYI with 20 years of teaching experience.

We meet Tuesdays and Thursdays at 9:30 am.

Fees are \$12 per class if paid for the month or \$14 for drop in. First class is \$5.

If you have any questions please contact Leanne at 204-641-3920, or email stillbluecatyoga@gmail.com

Namaste, Leanne

61 A. Centre St. 54 Main Street

With five locations in Winnipeg



Activities

Painting Tuesdays at 1:00
-Sandy Reimer

Our painting group is a gathering of like minded painters with a varied skill level and media who enjoy painting in a group.

The pegboard in the Card Yard displays some paintings that are for sale.

Payment for the paintings is to be made to Jonie or Margaret at the office before removing them.







LET'S GO DANCING

Dances are selected from ballroom, old time, country and other dance genres.

Our last class for this term will be December 3, returning January 7. We will be teaching the Cha Cha and Country 2 Step.

Tuesdays 1:00 p.m. for beginners to learn the basics Tuesdays 7:00 p.m. for Intermediate and advanced only.

\$10 cash per person, per class.

You will need to be a member of Gimli New Horizons to participate in the programs.

We are a group of people that love to dance with one's partner. If you want to dance in the Interlake at social events, this is a great class for you.

Would you like to join us, but you are without a dancing partner? If you would like to be placed on a waiting list for a partner, call the GNH office or myself,

Sail Hurak (204) 642-7834





GAMES at the Centre



DUPLICATE BRIDGE

Brian Wallace Wednesdays @ 1:00 pm

Duplicate bridge is the most widely used variation of contract bridge in club and tournament play.

It is called duplicate because the same bridge deal is played at each table and scoring is based on relative performance.





Allison Atkev & Judy Brown Fridays @ 1:00 pm

We play contract bridge every Friday, gathering by 12:55 to prepare to play at 1:00.

New players are welcome - we play quite informally. The cost is \$3 for members.

After-bridge social time was at Interlake Brewery again in November, but we might try somewhere else next time.

We've switched to December 13th for the next gathering, but will revert to 3rd Friday in January. Spouses are welcome.

We will be playing bridge December 20th.



TEXAS HOLD 'EM

Wednesdays at 1:00 pm - Ron Martin

Come and join us for Texas Hold 'Em....we always have room for more players!



CRIBBAGE -**THURSDAYS** @1:00 p.m.

- Doris Lloyd

Bring \$2 activity fee plus \$2 prize money.















Monday Canasta -

Activity Leader - Lauralee Hackert

Mondays at 1:00 pm

Come and join our friendly group.

Partner selection and table assignment starting at 12:50 on the dot with play at 1:00 p.m. We play two types of Canasta for those who might like variety. Games end between 3:30 & 4:00 p.m. If you want to learn how to play Canasta, Monday is the day to attend!



Activity Leader - Audrey Corrie

Fridays at 1:00 pm

Canasta is easy to learn as it is a take off from Rummy.

Come and join us.....seasoned players OR beginners welcome. We have great teachers.

We start playing at 1:00 pm with partner and table selection 10 minutes before.



Community Service

Caregiver Support

third Monday of the month



Being held at Gimli New Horizons

Next meeting date - December 16th, will be in the GRAND ROOM at 1:00 p.m.

Alzheimer's disease and other forms of dementia can leave those with the disease and their care partners feeling isolated. You are not alone. There are other people to share the journey with you!

Support groups offer the opportunity to meet, interact with and learn from others who are living with dementia. It's a safe environment where you can share, laugh, and help each other through mutual understanding.

If you would like to attend (it's for caregivers only) please call Samantha Holland $\gtrsim 204-268-4752$ Thanks!



News from the Seniors Resource Program

The Gimli Seniors Resource Council and staff would like to wish all of our clients, volunteers and fee-for-service workers a very Merry Christmas and a Happy New Year.

Our office and all meal programs will be closed for the holidays from

December 24, 2024 until January 1, 2025 inclusive and will re-open on January 2, 2025.



Looking for a holiday gift idea for a family member? Congregate Meal Programs

Gift a delicious home cooked meal without the cooking! Individual tickets or books of tickets can be purchased for any of our Congregate Meal Program locations.

Meals are served at **New Harbour Lodge** (122-5th Ave. Gimli) and **New Haven Lodge** (96-2nd Ave. Gimli) Monday through Friday and **Winnipeg Beach Lake Lodge** (32 Centre Ave. Winnipeg Beach) Mondays, Wednesdays and Fridays. Meals are served at 11:30 am and are \$9.00 each; 24 hours' notice appreciated.

For more information on attending any of our meal programs please call our office at 204-642-7297.

Grandparent Scam - Tips from the Canadian Anti Fraud Centre

How to protect yourself:

- If you receive a phone call claiming to be from a family member in an emergency situation, hang up the phone and contact them directly using a phone number you already have not one provided by the suspected fraudster.
- If the caller claims to be a law enforcement official, hang up and call your local police directly, using a phone number from a reputable source not one provided by the suspected fraudster.
- Be suspicious of telephone calls that require you to immediately act and request money for a family member in distress
 - Listen to that inner voice that is screaming at you "This doesn't sound right"
 - It is important to know the Canadian Criminal Justice System does not allow for someone to be bailed out of jail with cash or cryptocurrency
- Be careful what you post online. Scammers can get details that you shared on social media platforms and dating sites to target you or get names and details about your loved ones
 - Don't trust caller ID names and numbers.
 - Scammers use technology to disguise the actual number they are calling from and can make it appear as a trusted phone number, also known as spoofing

If anyone has any information about any crime, please contact your local RCMP detachment. Anonymous tips can also be made through Manitoba Crime Stoppers at 1-800-222-TIPS (8477), or by visiting www.manitobacrimestoppers.com.

Victims of Cybercrime or Fraud, can also contact the Canadian Anti-Fraud Centre at 1-888-495-8501.

Community Service

17 Loni Beach Rd.

Gimli New Horizons



Wednesday Nights @ 7:00pm Doors Open@ 5:30pm No Cards Sold After 6:50pm

EVERYONE WELCOME!

Watch our Facebook page for the pot amounts for each week.

Bingo is an event/activity we offer to the community!

We appreciate the support given to the Centre from all our bingo players.

Enjoy a game or two of Bingo at our Centre on Wednesday nights. Great opportunity to get out and spend time with friends. We appreciate all our bingo players for supporting us all year.

Canteen available - Hot dogs, popcorn, chips, chocolate bars, ice cream and butter tarts. Coffee, pop, and water available. Check out the GNH Facebook page for Canteen Specials!

Snack while you play!





A big THANK YOU to all the New Horizons Bingo Group and Bingo Players who attended our 50th Anniversary Bingo on Wednesday, November 20th.

All the hard work done helped make the evening a great success!

- Josey Banera





and other groups and individuals.



	SATURDAY	Christmas Dinner	& Dance								
DECEMBER 2024	S	2 C	*	14		21		28			
	FRIDAY	6 Friday Lunch	9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Floor Curling - League 1:00 Bridge - Contract 1:00 Canasta 1:00 Wood Carving	13 Friday Lunch	9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Floor Curling - League 1:00 Bridge - Contract 1:00 Canasta 1:00 Wood Carving	20 Christmas Drop In		27	CLOSED		
	THURSDAY	5	9:30 Yoga with Leanne 10:00 Floor Curling - Fun 11:00 Ukulele 1:00 Cribbage	12	9:30 Yoga with Leanne 10:00 Floor Curling - Fun 11:00 Ukulele 1:00 Cribbage	19	Yoga with Leanne 30 Ukulele 3 Cribbage	26		2 January	Regular hours resume
	WEDNESDAY	Perogy Making Day	Memoir Writing Duplicate Bridge Texas Hold 'Em Bingo		Memoir Writing Duplicate Bridge Texas Hold 'Em Bingo		Memoir Writing Duplicate Bridge Texas Hold 'Em Tournament Bingo		stmas ay	January	Happy cose
	TUESDAY	3 Perogy Prep Day 4	9:30 Yoga with Leanne 10:00 9:30 Tai Chi - Beginner 1:00 10:00 Tai Chi 1:00 10:00 Fibre Arts 7:00 1:00 Social Dance 7:00 3:00 Social Dance 7:00	10 111	9:30 Yoga with Leanne 10:00 9:30 Tai Chi - Beginner 1:00 10:00 Tai Chi 1:00 10:00 Fibre Arts 7:00 1:00 Painting	17 18	Yoga with Leanne Tai Chi - Beginner Tai Chi Pire Arts Painting	24 25	Christmas Eve	31 1	TAS SEE
	MONDAY		Cardio Sculpt - Wk 10 Core & More - Wk 10 Canasta Darts Tai Chi 'Practice'		Cardio Sculpt - Wk 11 Core & More - Wk 11 Canasta Darts Tai Chi 'Practice'		00 Cardio Sculpt - Wk 12 00 Core & More - Wk 12) Canasta) Darts) Tai Chi 'Practice'		CLOSED		CLOSED
	SUNDAY	1 2	10:00 11:00 1:00 1:00 2:30	8	10:00 11:00 1:00 1:00 2:30	π 15 16 16 16 16 16 16 16 16 16 16 16 16 16		22 23		29 30	