

# APRIL 2024 HILITES



**GIMLI**

# **NEW HORIZONS**

## **55+ Activity Centre**

Tel: (204) 642-7909

Email: [gimli55@mts.net](mailto:gimli55@mts.net)

Follow us on Facebook as Gimli New Horizons



**General Meeting of Gimli New Horizons will be held  
on Tuesday, April 9 at 7:00 p.m.**

**All GNH members are welcome and strongly encouraged to attend.**

# Around the Centre



## New Horizon Money:

- Can be used at New Horizons **only**.
- Good for activities run by the Centre in lieu of cash for the activity fee
- Good for any programs run at the Centre (tours, socials)
- Good for social events run by the Centre – tickets, liquor, silent auction, 50/50 draws
- Good for Friday lunches, perogies, etc.



## Follow us on Facebook as “Gimli New Horizons”

Please like & share our posts to help our messages circulate and go further!



## DONATION RECEIPTS

If you donate \$25.00  
or more to the Centre,  
we can issue  
you a tax receipt....please ask us!



## CANTEEN

Mini canteen is running smoothly.



Coffee/Tea, chips, snack bars, candy, drinks and water are \$1.00 each. Chocolate bars & trail mix are \$1.25 each.

Water and drinks are in the fridge in the Card Yard Room.

We will move the mini canteen to the Bingo room  
on Wednesday evenings.



## BOOKS & PUZZLES - Available during Centre Hours



We are encouraging “bring a book,  
take a book”, to keep our  
books and puzzles  
manageable.



Marc Palsson  
Owner

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# About the Centre



Gimli New Horizons 55+ Centre Inc.,  
17 Loni Beach Rd., Gimli  
(Formerly 17 North Colonization Rd)  
was incorporated in 1974 as a not for  
profit/charitable organization.

## Executive: 2023/2024

President	Cindy Stewart
Past President	Roy Clarke
1 <sup>st</sup> Vice	Lynda Dodunski
2 <sup>nd</sup> Vice	Vera Szczepanski
Secretary	Julie Ewanchuk
Treasurer	Lavona Clarke

## Directors: 2023/2024

Building/ Maintenance	Garry Peterson
Kitchen	Evy Bialek
Member at Large	Brian Pauls
Member at Large	Josey Banera
Member at Large	Isabel Peterson
Member at Large	Barry Martin
Membership	Gail Hurak
Publicity	Graham Watson
Social	Carol Simonson
Volunteers	Richard Szczepanski

## Office Staff:

Facility Manager	Jonie Johnson
Facility Manager Assistant	Margaret LaRocque

### A note from the office staff:

Please note that the office staff have different email addresses.

To reach Jonie regarding Centre related information -  
**[gimli55@mts.net](mailto:gimli55@mts.net)**

To reach Margaret for Hilites Newsletter,  
advertising and membership info -  
**[hilites@mts.net](mailto:hilites@mts.net)**

**New Horizons has regular  
board meetings  
&  
4 general meetings throughout  
the year to keep our Centre fully  
up to date.**



Like our Facebook page:  
**GIMLI NEW HORIZONS**

*We keep all our events and notices  
posted on our  
Facebook page.  
It is the best way to keep informed as to  
events at the Centre.  
Also watch for any closures  
in winter on the Facebook page.*

## **MISSION STATEMENT**

*"The Centre will be an asset  
to the community by  
providing a pleasant place  
for recreation, relaxation  
and companionship,  
and by encouraging  
all members to  
remain active and  
socially connected  
while maintaining  
their physical  
and mental health"*





# **President's Message**

**-Cindy Stewart**

Well March certainly came in like a lion and looks like it is leaving as a lion too. Even though we have had an exceptional winter it can leave now and let Spring really begin. Despite the weather our eagles are back in the trees along #9 highway and I have also spotted some geese.

Please remember to register for the 50<sup>th</sup> celebration. This event is members only and we need you to register as we only have seating for so many and need numbers for a food count.

I really hope you will be able to come.

We will also be holding an auction with items donated by members and some of our groups, there are wonderful items. Tickets will be \$5 a sheet or 5 sheets for \$20 and will start April 9, which is the date of our next General meeting at 7pm.



## **A Message from our Volunteer Co-ordinator:**

On May 8th, 2024 Gimli New Horizons 55+ Activity Centre will be celebrating our 50th Anniversary!!

All members are invited to participate in a special celebration from 1:00 p.m. – 3:30 p.m.

Please RSVP your attendance with the office by April 19th.

Because of this one time special celebration there will be no Volunteer Appreciation Day this year. Volunteer Appreciation Day will be back in 2025 to celebrate our wonderful VOLUNTEERS!

As our celebration approaches, I have looked back through stacks of earlier editions of GNH 55+ Hilites which have been provided by Vic & Muriel Savage.

Graham Watson and I met with Vic & Muriel.

We chatted for a few hours and reminisced about their days volunteering and growing New Horizons to its present status.

Muriel was overjoyed that we were relieving Vic of all the copies and documents he had amassed over the years. Reading through many of these copies,

I noticed that Bev Richardson, the Membership/Volunteer Chair from 2006-2010 interviewed many volunteers in her Hilites column, asking them why they joined and what they enjoyed most about volunteering. I discerned a common thread, volunteers all liked meeting people, working with others, and the comradery that goes with it.

Seems to me, volunteers in general are a happy bunch. And I am pleased that so many of our current members have volunteered their time and effort, and have responded to our request for help and assistance throughout the years for our numerous functions and events.

Thank you Volunteers! We appreciate all you do!

Thank you,  
Richard Szczepanski



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# Activities This Month

Activity	Activity Leader	PHONE	Price	Day/Time	Room
Addicted to Dance BEGINNERS ADVANCED	Office	642-7909	\$2.00	Thursdays 11-11:45 a.m. 11:45-12:30 p.m.	Harmony Room
BINGO 	Josey Banera	641-0967	Pay what you play	Wednesday 7:00 pm	Grand Room
Bridge - Contract	Allison Atkey Judy Brown	642-7909	\$3.00	Friday 1:00 pm	Coffee Spot
Bridge -Duplicate	Brian Wallace	376-5603	\$2.00	Wednesday 1:00 pm	Card Yard
Canasta - Friday	Audrey Corrie	642-1581	\$2.00	Friday 1:00 pm	Card Yard
Canasta -Monday	Loni Loughery	671-0181	\$2.00	Monday 1:00 pm	Card Yard
Cribbage	Doris Lloyd	642-8180	\$4.00	Thursday 1:00 pm	Card Yard
Fibre Arts	Darlene Bohemier	642-7850	\$2.00	Tuesday 10:00 am	Coffee Spot
Floor Curling (Fun)	Arlene Bernshine	782-5071	\$2.00	Thursday 10:00 a.m.	Grand Room
Floor Curling (League) 	RJ Jamieson Elaine Einarson Vera Ralke	407-6866 641-0350	\$30.00 pp/ season	Friday 10:00 a.m.	Grand Room
Memoir Writing	Ruth Asher	389-5157	\$2.00	Wednesday 10:00 a.m.	Coffee Spot
Painting	Sandy Reimer	641-1970	\$2.00	Tuesday 1:00 p.m.	Card Yard
Tai Chi BEGINNERS CONTINUING	Phyllis Holmes	642-9054	\$2.00	Tues & Fri 9:30 am 10:00 am	Harmony Room
Texas Hold 'Em	Vince Gerwing	642-8651	\$3.00	Wednesday 1:00 pm	Coffee Spot
Social Dance (Let's Go Dancing)	Gail Hurak	642-7834	\$10.00	Tuesdays at 1:00 & 7:00 p.m.	Grand Room
Ukulele	Gayle Halliwell	389-3832	\$2.00	Thursday 1:00 p.m.	Harmony Room
Wood Carvers	Dave Tustin	389-2305	\$2.00	Friday 1:00 p.m.	Harmony Room
Yoga with Leanne	Leanne Stevens	641-3920	\$14 drop in or \$12 prepaid	Tuesday 9:30 a.m. Thursday 9:30 a.m.	Grand Room Harmony Room



Our New Horizons 50/50 is going strong!  
\$2.00 each. Draw date at end of each month.  
Envelopes are all around the Centre - simply put \$2  
in the envelope, write your name & phone number  
on the front of the envelope, and bring to the  
container at office window.

No limit on how many you can buy!



The past 50/50 proceeds have been used in the purchase of  
miscellaneous items throughout the Centre.

The 2023/24 proceeds will go towards Gimli New Horizon's  
50<sup>th</sup> Anniversary Celebration which will be held in May 2024.

The tree is in the entrance to New  
Horizons.

Leaves can be purchased from the  
office for \$25.00 each and imprinted  
with names of people special to us.

Tax receipt upon request.



Membership year: Oct. 1 - Sept. 30

\$25 regular membership (55+)  
\$30 associate membership (50-54)  
Memberships are an annual fee.

Monday - Friday 9 - 4:00 at the office  
(Cash or Cheque)

Our March membership numbers were **496**

I wish to thank all the people that have taken out a  
membership. Your fees help our facility to stay open.

Even if you don't participate in our programs, your  
membership is a terrific help for our facility financially  
and in enrollment numbers. Please consider being a  
member. We truly appreciate your support.

The New Horizons 55+ Activity Centre is a great place  
to meet new people and to engage with other members.

We have many programs and social activities for  
everyone 55+ or older!



**Eirik Bardal**  
Owner / Funeral Director

Telephone: (204) 949-2200  
Gimli: (204) 642-7124  
Fax: (204) 694-9494  
Email: info@nbardal.mb.ca

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**Gimli New Horizons**



**Come Celebrate with us!**

**Wednesday, May 8th, 2024**

**1:00pm - 3:30pm**



**Members of Gimli New Horizons  
RSVP with the Office  
by April 19th**

*Thanks!*



# Gimli New Horizons

# SILENT AUCTION

**Draw Date: May 8, 2024**

## TICKETS

Available at  
Gimli New Horizons Office

\$5/Sheet  
or  
\$20 for 5 Sheets

**Tickets  
go on sale  
April 9**



The Petal Pushers are getting ready for the Spring season. Weather-wise it's unpredictable but one certainty is our shrub bed is complete and ready for our new shrubs.

Craig Peiluck; Gimli Lawn & Snow completed our project last year and I need to mention again our appreciation for his work and creativity.

We have New Horizon members who are also members of the Gimli Garden Club. They are willing to provide valuable assistance for selecting shrubs that will thrive in the north location and be a low maintenance addition. Craig suggested solar lighting along the shrub edge. Five lights have been purchased and will be placed along the walkway. They will provide attractive, additional lighting to the area.

Looking forward to warm Spring weather and getting our ideas into place.

**-Vera Szczepanski**

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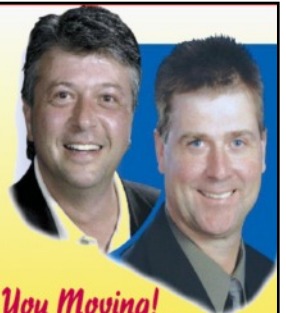
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# Health & Wellness

## Bereavement Support

Losing a loved one is never easy - whether the loss was anticipated or without warning, the pain is the same.

Sometimes it helps to talk to other people who are experiencing the same feelings and challenges.

The bereavement session allows individuals or groups to share their pain.

When you reach out for help, this is the first step of healing.

For more information contact the  
New Horizons Office  
to connect you with our Bereavement leader

204-642-7909

## If you're sick, please stay HOME



Out of respect for all of our members, if someone is sick in your household with a cold, flu OR Covid, please refrain from coming to the Centre. Germs spread easily and we all need to do our part to stop the spread.

Also, please wash your hands frequently or use hand sanitizer around the Centre.

Masks are not required at this time.

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GIMLI NEW HORIZONS  
INFO: ZUMBAJAN@MTS.NET

RM GIMLI ZUMBA GOLD  
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APRIL 19 TO JUNE 7  
GIMLI REC CENTRE  
INFO: GRCPROGRAMMER@RMGIMLI.COM





# Perogies

At the March Perogy bee we made approximately 70 dozen perogies.

With our order numbers being down, some of the volunteers were contacted, telling them it wasn't necessary to come in and help as I will be going with a skeleton group of volunteers.

Thank you to all who stayed at the end of the day and Mavis for washing towels and aprons.

Special thanks to Gary and Isabel for dough making. Deborah for sheeting the dough, pinchers, boilers, coolers, packers, and money takers and dishwashers.

This is a large undertaking however when everyone pitches in it's not so large but lots of fun.

Thank you, Elaine Einarson

# From the Kitchen

-Evy Bialek



I hope we all had a nice Easter with family and loved ones.

I know we're all tired of walking

like penguins! From the number of lunches served, it reflects your patronage and support for our Friday Lunch teams.

The work, planning, and effort makes it all worthwhile. We enjoy seeing you all at the counter with smiles and some hugs.

Our last lunch will be April 19th.

## SPRING WORD SEARCH

O	K	J	G	H	P	Z	F	V	X	Y	Z
G	I	S	R	U	W	B	B	O	O	T	S
A	T	Y	A	B	L	U	E	B	I	R	D
E	E	U	S	G	A	R	D	E	N	T	H
A	H	U	S	W	Y	W	B	K	M	U	K
P	X	U	K	Q	B	L	O	S	S	O	M
M	G	L	M	S	J	B	A	R	T	R	C
J	U	R	R	B	A	N	E	R	A	G	R
A	P	F	A	V	R	W	E	W	F	S	L
T	D	R	I	Q	O	E	V	S	K	V	U
U	L	I	N	L	L	G	L	C	T	R	G
L	D	A	F	F	O	D	I	L	N	V	R
I	V	U	E	P	J	H	O	J	A	C	E
P	W	I	Q	N	C	M	U	D	O	Q	E
S	E	E	D	S	B	S	Q	C	X	Q	N



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GREEN  
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# Activities

## MOVING TOGETHER TAI CHI GIMLI

-Phyllis Holmes

The classes will be in the Harmony Room  
Tuesdays and Fridays  
Beginners start at 9:30 am and regular class  
at 10:00 am



The number 9 is one of the most significant Tai Chi principles because it can define the number of movements we do, the number of rotations we make and most importantly how we connect the outer movements of the body with the initiating energy in our core or center. Our goal in Tai Chi is to be able to move in an entirely connected manner.

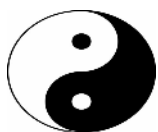
360 degrees (  $3+6+0 = 9$  )

180 degrees (  $1+8+0 = 9$  )

90 degrees (  $9+0 = 9$  )

45 degrees (  $4+5=9$  )

All of our exercises that we do in Tai Chi class are performed in multiples of 9. The number 9 represents patience and harmony. The qualities of 9 include friendship, spirituality, unity, and the ability to see things clearly.



Please phone me if you are interested in watching a Tai Chi beginners class or if you have any questions.  
(204) 642-9054

## Yoga - Leanne Stevens

Welcome April!

Come and join us....the classes emphasize creating strength, stamina and flexibility in the body and the mind. This is done by linking the breath with mindful moment of the body to promote relaxation and well being for the inner and outer body. Classes are accessible for all levels of experience and chair yoga options are always provided.

Please bring a mat and yoga blocks if you have them. A blanket is also helpful for the relaxation part of the class.

Classes are led by Leanne, CYI with 20 years of teaching experience.

We meet Tuesdays and Thursdays at 9:30 am.

Fees are \$12 per class if paid for the month or \$14 for drop in. First class is \$5.

If you have any questions please contact Leanne at 204-641-3920, or email [stillbluecatyoga@gmail.com](mailto:stillbluecatyoga@gmail.com)

Namaste,  
Leanne



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# Activities

## FITNESS

-Sue Stevenson

### Mondays

Cardio Sculpt 10-10:45 a.m. Starting April 8<sup>th</sup>

Core & More 11-Noon Starting April 8<sup>th</sup>



### Wednesdays

Cardio Sculpt 10-10:45 a.m. Starting April 10<sup>th</sup>

Core & More 11-Noon Starting April 10<sup>th</sup>

### Saturdays

Drums 10-11 a.m. Starting April 13<sup>th</sup>

**ALL CLASSES WILL RUN FOR 8 WEEKS**

- 1 class/week - \$ 50
- 2 classes/week - \$ 90
- 3 classes/week - \$ 130
- 4 classes/week - \$ 145

Cash or Cheque  
payment accepted,  
please pay as you sign  
up to reserve your spot

(Non-refundable  
& Non-transferable)

**Sign up at the Office**

Goodbye  
March



## LET'S GO DANCING

**Dances are selected from ballroom, old time, country and other dance genres.**

**Tuesdays 1:00 for beginners.**

**7:00 PM for dancers that have learned the basics.**  
**\$10 per person, per class.**

We teach dances that you can use at social events in the Interlake. This is a class where you can have fun and enjoy dancing with your partner. Even if you have two left feet, this is a class for you!

In April, we will begin a new dance, as yet to be determined. **Classes resume April 9. Due to a General Meeting for all members, the 7:00 class will be held at 5:00 for this one time only.**

If you are unsure if this dance is for you, come to the first class and try.

Gail Flurak (204) 642-7834



## Fraserwood Hall

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**BINGO**

**Friday Nights**

Doors open 5PM  
Canteen & Bar open 5:15PM  
Games start at 7:15PM

5 Share the Wealth Games  
15 Regular Games with \$60 payout

Jackpot | First Special | Bonanza | Lucky 7 | Star  
Weehouse | Houdini | Loonie Pot | Break Opens | 50/50  
Games subject to change without notice

## Old Time Dances 2024

1PM - 5PM on the below listed Sunday's:

April 14 | May 12 | June 9 | July 14  
August 11 | September 8 | November 10 | December 8  
Light Lunch at 3PM Bands to be announced

### Upcoming Events:

Indoor Garage Sale - April 13 Spring Craft Sale - May 11  
All You Can Eat Perogies - April 21 Parade & Picnic - June 23  
Dine Dance & Win - April 27 All You Can Eat Perogies - August 4

**Need More  
Information:**

204-643-5302  
fraserwoodhall1@gmail.com

**We look forward to seeing  
you at our next event!**



# Activities



## Woodcarvers

-Dave Tustin

1:00 p.m. Fridays



## Ukulele Jammin'

-Gayle Halliwell

Thursdays  
at 1:00 in the Harmony Room



Intro to  
**PICKLEBALL**

1 date available with 2  
time slots:

Thursday, April 25<sup>th</sup>

1:00 - 2:00 p.m.

2:30 - 3:30 p.m.

Sign up at the Centre  
or call (204) 642-7909

8 spots available per time slot



**FUN - THURSDAYS at 10:00  
a.m.**

-Arlene Bernshine

Please arrive for Fun Curling at 9:45  
a.m. so we can set up teams.

**LEAGUE - FRIDAYS at 10:00  
a.m.**

-RJ Jamieson, Elaine Einarson,  
Vera Ralke

## Addicted to Dance - April - June 2024

I will be offering a split class this spring. Beginner dancers will be Thursdays from 11-11:45 a.m. and class will be focused on learning a base of about 12 easy dances. We will spend time at beginning of each class learning the steps and the names of the steps. These dances should give you a good base of dances so you can join in at social events.

Electric Slide, Cupid Shuffle, Copperhead Road, Achy Breaky, Ah Si, All My Exes, Billie Jean, Cowboy Charleston, Fireball, Wagon Wheel, Locomotion & Mamma Maria.

From 11:45 to 12:30 p.m. progressing dancers are welcome to attend for more advanced learning. All are welcome to attend the beginners class as well.

**Thursday night Line Dance at 7 pm** - This class will now be a sign up class. If you want to have a class in evenings I need a commitment to run it. Many times last year there was no one attending and I felt I could have made evening plans those nights with friends or family.

I would like a minimum of 5 to run the class. We will dance from 7 - 8:30 and do some review of dances learned and also some new learning together. We have used You Tube in the past to aid us in learning some new dances. This is a relaxed class and chance to learn together some new dances.

Session will run April 4 until June 6 (10 weeks) and then we will take a summer break. Will resume in the fall again. (Late August to mid October).

I am taking advantage of snow birding so am working around my time in sunny Arizona.

-Carol



**FREE**

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**56 Centre St., Gimli, MB.**





# Activities



## **Painting** - Tuesdays 1:00 pm -Sandy Reimer

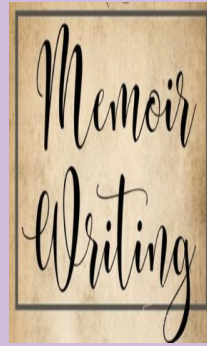
We are a gathering of like minded folks, of a varied skill level, who enjoy painting in a group. All mediums are welcome.

The pegboard in the Card Yard displays some paintings that are for sale. Please pay Jonie or Margaret at the office before removing any paintings.

Did I mention our coffee breaks? :)  
Bring your supplies and come check us out!

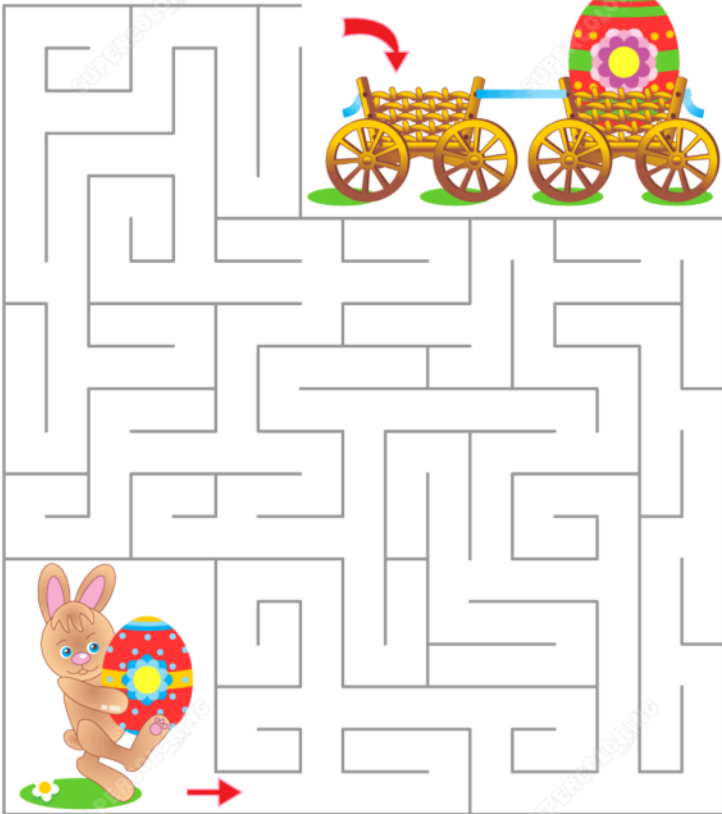
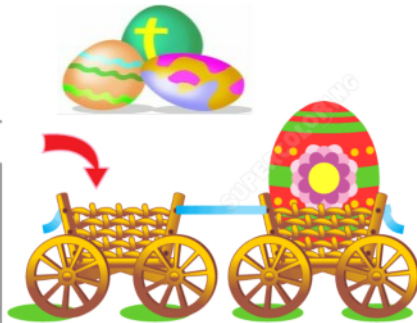
Last formal day of Painting is May 14<sup>th</sup>.  
We will start back up on October 1<sup>st</sup>.

## **Memoir Writing** - Wednesdays at 10:00 a.m.



The Memoir Writing has been writing memories weekly on a topic or event. We write a first draft, then share it for feedback. One week the topic was a piece of jewelry. Another week it was ice cream. Each new member creates a timeline of their life, in decades, and begins writing from their earliest memories.

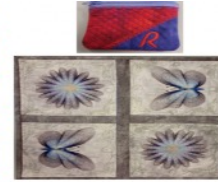
If you are interested in more information, please contact Ruth at (204) 389-5157.



## **Fibre Arts Group** - D. Bohemier

Tuesdays @ 10:00 a.m.

We are a creative group of Fibre Artists. Anything from knitting, crocheting, garments, Needle point of any kind, spinning, Wall Fibre Art etc., and of course Quilting. We craft while learning from and enjoying each others company. Must be a member of New Horizons and pay a \$2 Activity fee each visit. Bring your lunch, enjoy our show'n'tells and have fun. Every Tuesday from 10 am til 1:30pm. Not sure..? We have a Drop in fee of \$7..see what we're about! We would love to have you!



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Cell: 204-479-1208

Toll Free: 1-888-642-8501

Fax: 204-642-8457

Email: iwish@interlake.mb.ca

www.interlake.mb.ca



56 Centre St., Gimli, MB.

# GAMES at the Centre



**Monday Canasta - Activity Leader - Loni Loughery** Mondays at 1:00 pm  
Come and join our friendly group. Partner selection and table assignment starting at 12:50 on the dot with play at 1:00 p.m.  
We play two types of Canasta for those who might like variety. Games end between 3:30 & 4:00 p.m.

**Friday Canasta - Activity Leader - Audrey Corrie** Fridays at 1:00 pm  
Canasta is easy to learn as it is a take off from Rummy.  
Come and join us.....seasoned players OR beginners welcome. We have great teachers.  
We start playing at 1:00 pm with partner and table selection 10 minutes before.  
We have welcomed new players, but always have room for more!



## DUPLICATE BRIDGE

**Brian Wallace**  
**Wednesdays @ 1:00 pm**

Duplicate bridge is the most widely used variation of contract bridge in club and tournament play.

It is called duplicate because the same bridge deal is played at each table and scoring is based on relative performance.



## TEXAS HOLD 'EM Wednesdays at 1:00 pm

- Vince Gerwing



All is good in Texas Hold 'Em.

We still have room for more people.

Our brand new table has arrived!



## CRIBBAGE - THURSDAYS @1:00 p.m.

- Doris Lloyd

Bring \$2 activity fee  
plus \$2 prize money.



## **Allison Atkey & Judy Brown** **Fridays @ 1:00 pm**

We play contract bridge on Fridays, gathering about 12:45 to prepare to play at 1:00. Players describe it as informal, fun and with lots of laughs.

No need to come with a partner, as we switch partners every four hands. But feel free to bring a friend.

We'll help if your bridge is rusty - we are informal enough to explain a bid right in the middle of bidding!

We're looking forward to welcoming the graduates of the ongoing bridge classes and soon the snow birds will return!

The cost is \$3.



# Community Service

## Caregiver Support

third Monday of the month

Being held at Gimli New Horizons



**Next meeting date - April 15<sup>th</sup>,  
will be in the GRAND ROOM at 1:00 p.m.**

Alzheimer's disease and other forms of dementia can leave those with the disease and their care partners feeling isolated. You are not alone. There are other people to share the journey with you!

Support groups offer the opportunity to meet, interact with and learn from others who are living with dementia. It's a safe environment where you can share, laugh, and help each other through mutual understanding.

If you would like to attend (it's for caregivers only) please call Samantha Holland @ 204-268-4752  
Thanks!

## GIMLI SENIORS



## News from the Seniors Resource Program

### VOLUNTEER DRIVERS NEEDED

The Seniors Resource Program is seeking individuals to join our transportation program. If you enjoy driving and the company of others please give us a call!

Transportation is for medical appointments to various areas such as Selkirk, Winnipeg, other surrounding areas and locally. Set rates for out-of-pocket expenses are reimbursed by clients to the drivers.

For those who enjoy cleaning, we are also looking for people to provide this service in seniors' homes in the Gimli/Winnipeg Beach and surrounding areas. Some require it weekly, every two weeks or monthly and may need help with laundry as well. Clients have the cleaning supplies available on site and pay the cleaners directly after each job. If interested, or for additional information regarding our services, please call our office at 204-642-7297. We look forward to hearing from you!

Gimli New Horizons is offering

# FREE

**BASIC Income Tax Returns  
must be below:**

### Family size

Single person  
2 people

### Total family income below

\$35,000  
\$45,000 (single parent, married/common-law)

**We do not** prepare returns for individuals who:

- report business or rental income & expenses
- report capital gains or losses
- report employment expenses
- filed for bankruptcy
- died in the tax year

Call 204-642-7909 to be referred to one of our Volunteer Tax Return Preparers trained by Revenue Canada.

**Be assured that this service is entirely confidential.**

Appointments Only  
Call New Horizons Office

**204-642-7909**



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regular priced items.*

# Community Service

## Gimli New Horizons

17 Loni Beach Rd.



Wednesday Nights @ 7:00pm  
Doors Open @ 5:30pm  
No Cards Sold After 6:50pm

**EVERYONE WELCOME!**

Watch our Facebook page for the pot amounts for each week.

Bingo is an event/activity we offer to the community!

We appreciate the support given to the Centre from all our bingo players.

Enjoy a game or two of Bingo at our Centre on Wednesday nights. Great opportunity to get out and spend time with friends. We appreciate all our bingo players for supporting us all year.

Canteen available - Hot dogs, nachos & salsa, chips, chocolate bars, candy, drinks, water, etc.

Snack while you play!



COULDN'T THINK OF A EASTER JOKE



SO HERE'S A BUNNY THAT'S  
LOOKING SUSPICIOUS AT SOMETHING

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56 Centre St., Gimli, MB.



# April 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>EASTER SUNDAY 1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	
1:00 Canasta	9:30 Yoga with Leanne 9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Fibre Arts 1:00 Painting	10:00 Memoir Writing 1:00 Duplicate Bridge 1:00 Texas Hold 'Em 7:00 Bingo	9:30 Yoga with Leanne 10:00 Floor Curling - Fun 11:00 Addicted to Dance (Beginners class) 11:45 Addicted to Dance (Advanced class) 1:00 Ukulele 1:00 Cribbage	9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Floor Curling - League 1:00 Bridge - Contract 1:00 Canasta 1:00 Wood Carving		
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
	10:00 Cardio Sculpt - Week 1 11:00 Core & More - Week 1 1:00 Canasta	9:30 Yoga with Leanne 9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Fibre Arts 1:00 Social Dance 1:00 Painting 5:00 Social Dance <b>7:00</b> <b>GENERAL MEETING</b>	10:00 Cardio Sculpt - Week 1 11:00 Core & More - Week 1 10:00 Memoir Writing 1:00 Duplicate Bridge 1:00 Texas Hold 'Em 7:00 Bingo	9:30 Yoga with Leanne 10:00 Floor Curling - Fun 11:00 Addicted to Dance (Beginners class) 11:45 Addicted to Dance (Advanced class) 1:00 Ukulele 1:00 Cribbage	9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Floor Curling - League 1:00 Bridge - Contract 1:00 Canasta 1:00 Wood Carving	10:00 Drums - Week 1
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
	10:00 Cardio Sculpt - Week 2 11:00 Core & More - Week 2 1:00 Canasta	9:30 Yoga with Leanne 9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Fibre Arts 1:00 Social Dance 1:00 Painting 7:00 Social Dance	10:00 Cardio Sculpt - Week 2 11:00 Core & More - Week 2 10:00 Memoir Writing 1:00 Duplicate Bridge 1:00 Texas Hold 'Em 7:00 Bingo	9:30 Yoga with Leanne 10:00 Floor Curling - Fun 11:00 Addicted to Dance (Beginners class) 11:45 Addicted to Dance (Advanced class) 1:00 Ukulele 1:00 Cribbage	9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Floor Curling - League 1:00 Bridge - Contract 1:00 Canasta 1:00 Wood Carving	10:00 Drums - Week 2
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
	10:00 Cardio Sculpt - Week 3 11:00 Core & More - Week 3 1:00 Canasta	9:30 Yoga with Leanne 9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Fibre Arts 1:00 Social Dance 1:00 Painting 7:00 Social Dance	10:00 Cardio Sculpt - Week 3 11:00 Core & More - Week 3 10:00 Memoir Writing 1:00 Duplicate Bridge 1:00 Texas Hold 'Em 7:00 Bingo	9:30 Yoga with Leanne 11:00 Addicted to Dance (Beginners class) 11:45 Addicted to Dance (Advanced class) 1:00 Ukulele 1:00 Cribbage	9:30 Tai Chi - Beginner 10:00 Tai Chi 1:00 Bridge - Contract 1:00 Canasta 1:00 Wood Carving	10:00 Drums - Week 3
<b>28</b>	<b>29</b>	<b>30</b>				
	10:00 Cardio Sculpt - Week 4 11:00 Core & More - Week 4 1:00 Canasta	9:30 Yoga with Leanne 9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Fibre Arts 1:00 Social Dance 1:00 Painting 7:00 Social Dance				