

AUGUST 2024 HILITES



NEW HORIZONS **55+ Activity Centre**

Founded in 1974 & Still Going Strong !

Tel: (204) 642-7909

Email: gimli55@mts.net

Follow us on Facebook as Gimli New Horizons

Indoor & Outdoor **Pancake Breakfast**



Gimli New Horizons

17 Loni Beach Rd. (formerly 17 Colonization Road North) Gimli, MB

SATURDAY / SUNDAY

(August 3)

(August 4)

8:00 am - Noon

Fundraiser

Adults \$10.00

Children (6-10) \$6.00

Children (5 & Under) FREE

***Cash
Only***

Pancakes ~ Sausages ~ Beverage

'FALL SUPPER'

Sunday, September 22, 2024

All details will be finalized soon. Watch the Centre's bulletin boards and September Hilites for further info!



Around the Centre



New Horizon Money:

- Can be used at New Horizons **only**.
- Good for activities run by the Centre in lieu of cash for the activity fee
- Good for any programs run at the Centre (tours, socials)
- Good for social events run by the Centre – tickets, liquor, silent auction, 50/50 draws
- Good for Friday lunches, perogies, etc.



Membership year: Oct. 1 - Sept. 30

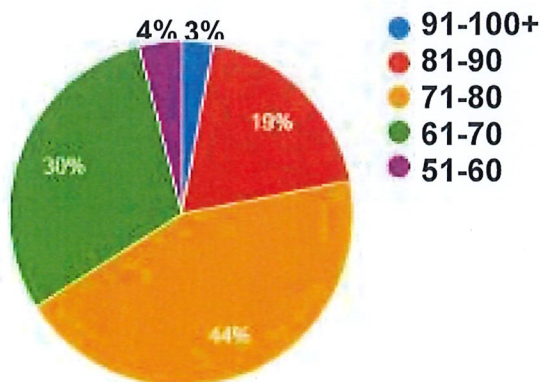
\$25 regular membership (55+)
\$30 associate membership (50-54)
Memberships are an annual fee.

M - F 9 - 4:00 at the office (Cash or Cheque)

Our July membership numbers were **549**

We are 50 years old. Congratulations to all the members and volunteers that helped to make our centre an energetic and fun facility.

The below graph shows the breakdown of our members by age for this year. Please consider becoming a member. There is a place for all ages.



CANTEEN



Mini canteen is running smoothly.

Coffee/Tea, chips, hot rods, drinks and water are \$1.00 each.
Chocolate bars & trail mix are \$1.25 each.

Water and drinks are in the fridge in the Card Yard Room.

Follow us on Facebook as "Gimli New Horizons"

Please like & share our posts to help our messages circulate and go further!



DONATION RECEIPTS

If you donate \$25.00 or more to the Centre,
we can issue you a tax receipt....please ask us!

BOOKS & PUZZLES - Available during Centre Hours



We are encouraging
"bring a book, take a book",
to keep our books and
puzzles manageable.



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Gimli New Horizons 55+ Centre MEMBERSHIP

Early September (to be announced)
11:00am - 3:00pm

Membership
Fees
\$25/person

*Renew your Membership

*New Member Sign up

*Games

*Free Lunch



★ Membership Registrations
begins at 11am

★ Games 11am - 12:30pm

★ Speeches begins at 12:30 pm

★ Lunch at 1:00 pm

Summer Word Search

SUMMER	G A R D E N Y S M B M T O L S
SUNSHINE	N I A R M E L E S E E R W O U
SWIM	U C I N C I P E A S I A M S N
BOAT	L M L I N O I T A C A V R P S
CAMP	P O P S I C L E Q L D E K I H
HIKE	U I P E C A M P I O O L F C I
GARDEN	Y T N S R E T L M D N T R E N
PLAY	P W N S O E P A T G N E D X E
BEACH	A U G R I A D Y B O A Y A T E
JULY	R L J U L Y G R S A S O U P A
AUGUST	K E F G L C E A T H I R G A S
PARK	B A L Y P A E N O C R E U R D
PICNIC	S H O R T S O O H A E H S H R
POPSICLE	U Y P E M N O S A E S S T D E
ICE CREAM	C H E T A M C L Y B G M R E S
SHORTS	X L A O V Z R C O J B R I N S
DRESS	F O S E M A E R C E C I O W L
TRAVEL	B L O S S U M M E R W B M O S
VACATION	
SEASON	



-Graham Watson

*Wanting to Publicize a GNH event or
regular activity?*

Wanting to expand GNH event ticket sales or
participation in your regular GNH activity?

Work with the GNH Publicity Director to publicize
such in local social media.

Forthcoming external publicity includes Bingo
and the Fashion Show.

Contact me, Graham Watson,
through the
GNH office.

Hi. Nice to meet
you - we're
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About the Centre



Gimli New Horizons 55+ Centre Inc.,
17 Loni Beach Rd., Gimli
(Formerly 17 North Colonization Rd)
was incorporated in 1974 as a not for
profit/charitable organization.

Executive: 2023/2024

President	Cindy Stewart
Past President	Roy Clarke
1 st Vice	Lynda Dodunski
2 nd Vice	Vera Szczepanski
Secretary	Julie Ewanchuk
Treasurer	Lavona Clarke

Directors: 2023/2024

Building/ Maintenance	Garry Peterson
Kitchen	Evy Bialek
Member at Large	Josey Banera
Member at Large	Isabel Peterson
Member at Large	Barry Martin
Membership	Gail Hurak
Publicity	Graham Watson
Social	Carol Simonson
Volunteers	Richard Szczepanski

Office Staff:

Facility Manager	Jonie Johnson
Facility Manager Assistant	Margaret LaRocque

A note from the office staff:

Please note that the office staff have different email
addresses.

To reach Jonie regarding Centre related information -
gimli55@mts.net

To reach Margaret for Hilites Newsletter,
advertising and membership info -
hilites@mts.net

**New Horizons has regular
board meetings
&
4 general meetings throughout
the year to keep our Centre fully
up to date.**



Like our Facebook page:
GIMLI NEW HORIZONS

*We keep all our events and notices
posted on our
Facebook page.
It is the best way to keep informed as to
events at the Centre.
Also watch for any closures
in winter on the Facebook page.*

MISSION STATEMENT

*"The Centre will be an asset
to the community by
providing a pleasant place
for recreation, relaxation
and companionship,
and by encouraging
all members to
remain active and
socially connected
while maintaining
their physical
and mental health"*

President's Message



-Cindy Stewart

August already, why does the summer seem to go so fast!

I hope everyone who has a garden hasn't been flooded out like over half of ours is.

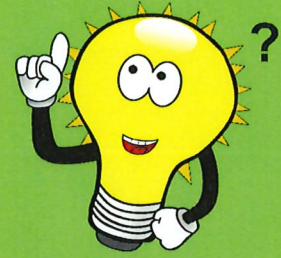
Thank you, thank you to all that have signed up to volunteer for the Pancake Breakfast. We were prepared to cancel the Sunday but the membership came through.

I can only wish we get the help we need for the Fall Supper on September 22. There will be spots for the 20, and 21st to help as well.

The General Meeting on July 9 was poorly attended and we didn't have enough for a quorum, this tells me that we are doing a really good job or people don't really care! I do appreciate those that did come out and gave us their time.

The Fall Fashion show is fast approaching and is a fun event. Tickets are on sale now, get yours soon so you are not disappointed, as it does sell out.

For Activity leaders and anyone organizing event please remember we have Graham Watson who will do posting on social Media for you.
He can be contacted through the office.



**Anyone have any
ideas
for new
activities
we could
start
at the
Centre?**

**Please come to
the office
or call
(204) 642-7909**

All Green Thumbs by Jason Nocera

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Activities This Month

Activity	Activity Leader	PHONE	Price	Day/Time	Room
BINGO 	Josey Banera	641-0967	Pay what you play	Wednesday 7:00 pm	Grand Room
Bridge - Contract	Allison Atkey Judy Brown	642-7909	\$3.00	Friday 1:00 pm	Coffee Spot
Bridge -Duplicate	Brian Wallace	376-5603	\$2.00	Wednesday 1:00 pm	Card Yard
Canasta - Friday	Audrey Corrie	642-1581	\$2.00	Friday 1:00 pm	Card Yard
Canasta -Monday	Lauralee Hackert	642-5382	\$2.00	Monday 1:00 pm	Card Yard
Cribbage	Doris Lloyd	642-8180	\$4.00	Thursday 1:00 pm	Card Yard
Fibre Arts	Darlene Bohemier	642-7850	\$2.00	Tuesday 10:00 am	Coffee Spot
Golf	Larry Gel	642-5702		Mondays 2:30 p.m.	Sandy Hook Golf Course
Tai Chi BEGINNERS CONTINUING	Phyllis Holmes	642-9054	\$2.00	Tues & Fri 9:30 am 10:00 am	Harmony Room
Texas Hold 'Em	Vaughan Cochrane RJ Jamieson	642-7436 407-6820	\$3.00	Wednesday 1:00 pm	Coffee Spot
Yoga with Leanne	Leanne Stevens	641-3920	\$14 drop in or \$12 prepaid	Tuesday 9:30 a.m. Thursday 9:30 a.m.	Grand Room Harmony Room

The New 60





Our New Horizons 50/50 is going strong! \$2.00 each. Draw date at end of each month. Envelopes are all around the Centre - simply put \$2 in the envelope, write your name & phone number on the front of the envelope, and bring to the container at office window.

No limit on how many you can buy!

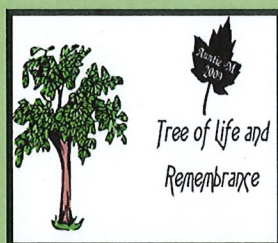
The past 50/50 proceeds have been used in the purchase of miscellaneous items throughout the Centre.



The tree is in the entrance to New Horizons.

Leaves can be purchased from the office for a minimum \$25.00 each and imprinted with names of people special to us.

Tax receipt upon request.



Summer days are flying by into August. We've had an eventful July. NH 55+ members attending the annual general meeting praised our completed Petal Pushers' shrub bed, a welcome addition to our entrance.

Thank you to a long running Petal Pushers member who made a generous donation to our Petal Pushers group.

Have you ventured to the south entrance of New Horizons? We have some plants on the south side too. This year Jerry Jonasson and Richard Szczepanski sanded and stained the four benches on the south paved patio. Benches look great!

The raised garden area planters are all reserved by our members. The veggies and other plantings are growing steadily because of your "green thumbs".

The rainy days took care of our watering schedule. Fishflies were more abundant and lingered longer but should end before the Icelandic Festival weekend Pancake Breakfast. The Canna Lilies have bloomed for the festival in prior years and we hope the flowers will come through for us again. The area has become a beautiful background for family photos.

-Vera Szczepanski



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\$2.9 million campaign goal.

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Health & Wellness

Bereavement Support

Losing a loved one is never easy - whether the loss was anticipated or without warning, the pain is the same.

Sometimes it helps to talk to other people who are experiencing the same feelings and challenges.

The bereavement session allows individuals or groups to share their pain.

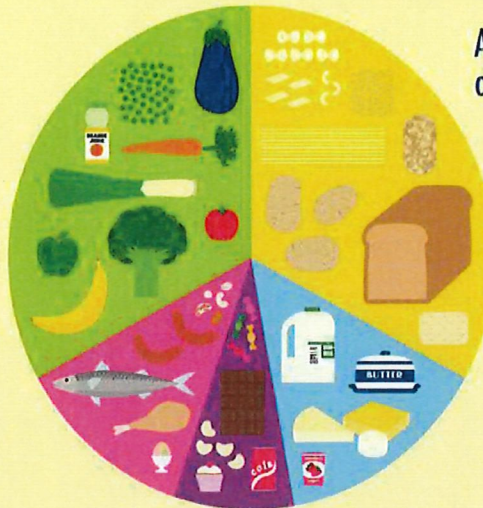
When you reach out for help, this is the first step of healing.

For more information contact the New Horizons Office to connect you with our Bereavement leader

204-642-7909

THE EATWELL PLATE

A guide to the right balance of the five main food groups



- Fruit & Veg
- Carbs & Starches
- Dairy
- Protein
- Sugars & Fats

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OUTDOOR ZUMBA

Zumba Fitness is perfect for Everybody and Every Body

FREE Fitness Saturdays Sponsored by RM Gimli
Saturdays - Until September 7
(No class on Aug 3)
9:00-10:00am, Gimli Harbour Stage

FREE Zumba at the Bandstand Sponsored by the
Town of Winnipeg Beach
Sundays - Until September 1
9:30-10:30am, Winnipeg Beach Bandstand

INFO: ZUMBAJAN@MTS.NET

Fall Session Starts Sept. 16!

GIMLI



Social Committee



We have about 60 golfers for the **August 7th** tournament at Sandy Hook. Watch for pictures and write up next month.

September 12th - Fashion Show (see poster >>>>)

September 22nd - Fall Supper (more details to follow)

October 26th - Western Social (more details to follow)

December 7th - Christmas Dinner & Dance (more details to follow)

Fashion Show

at Gimli New Horizons 55+ Centre

Come Celebrate Women

Thursday, September 12, 2024

Fashions By
Johnson's
Department Store

Tickets \$13

Doors & Bar Open at 6:30 pm
Show Starts at 7:00 pm

Tickets Available at Gimli New Horizons & Johnson's Department Store

A black silhouette of a woman in a short, flared dress, standing with one hand on her hip.

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Summer Maze



Activities



HAS EVERYONE SIGNED UP FOR FALL FLOOR CURLING - SEPTEMBER 2024???

We are now looking for 3 people to come forward and help run the September to December 2024 session. The job is not as large as in the past due to no waxing and no moving the heavy dividers.

The new rocks are liked by most.

New carts have been made to hold the rocks and do the scoring.

We would like to run 2 shifts 10:00 a.m. and 11:00 a.m. on 4 sheets with lunch being served after games.

We are hoping all curlers would support the kitchen.

Please contact the office if interested to help RJ, there must be someone that would step up and help the club.



Our wet weather caused several golf course closures and restrictions in July.

On July 22nd we finally were able to field 60 golfers and over 40 stayed for dinner after.

Reminder to all golfers to be at the golf course before 3 p.m. so I can make any adjustments to teams.

See you next Monday.

-Larry Gel

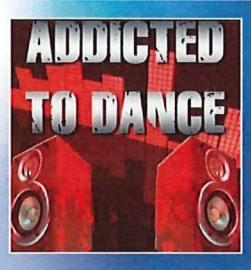


Addicted to Dance

A 6 week session will be starting in September.

More details to follow in September's Hilites.

-Carol Simonson



Fraserwood Hall presents...

Old Time Dances 2024

1PM - 5PM on the below listed Sunday's:

July 14 | August 11 | September 8 | November 10 | December 8

Light Lunch at 3PM Bands to be announced

Funded In Part:

Funded by the
Government of Canada's
New Horizons for Seniors Program

Canada

BINGO on Friday Nights

Doors open 5PM

Canteen & Bar open 5:15PM

Games start at 7:15PM

5 Share the Wealth Games

15 Regular Games with \$60 payout

(Reduced games with low attendance)

Jackpot | First Special | Bonanza | Lucky 7 | Star
Weehouse | Houdini | Loonie Pot | Break Opens | 50/50

Games subject to change without notice

Upcoming Events:

All You Can Eat Perogies - August 4

Fall Supper - October 17

Craft Sale - November 16

We look forward to seeing you at our next event!

Need More Information:

204-643-5302

fraserwoodhall1@gmail.com



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56 Centre St., Gimli, MB.

Activities

MOVING TOGETHER TAI CHI GIMLI

-Phyllis Holmes

The classes will be in the Harmony Room

Tuesdays and Fridays

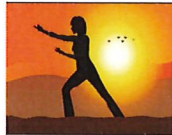
Beginners start at 9:30 am and regular class at 10:00 am

REMINDER: The new beginners class starts on Friday
September 06 at 9:30 A.M.

If you want to learn how to do Tai Chi, phone the
New Horizons office or myself to get your name on the list.

If you have any questions about the class phone me at
204-642-9054.

If you want to watch the current beginners class
do a set of Tai Chi, phone me
and let me know which class
you will be coming to watch.



Yoga - Leanne Stevens

Welcome AUGUST!

Come and join us....the classes emphasize creating
strength, stamina and flexibility in the body and the mind.
This is done by linking the breath with mind in the moment of
the body to promote relaxation and well being for the
inner and outer body. Classes are accessible for all
levels of experience and chair yoga options
are always provided.

Please bring a mat and yoga blocks if you have them.
A blanket is also helpful for the relaxation
part of the class.

Classes are led by Leanne, CYI with 20 years of teaching
experience.

We meet Tuesdays and Thursdays at 9:30 am.

Fees are \$12 per class if paid for the month
or \$14 for drop in. First class is \$5.

If you have any questions please contact Leanne
at 204-641-3920, or email stillbluecatyoga@gmail.com

Namaste,
Leanne



GIMLI HOME HARDWARE

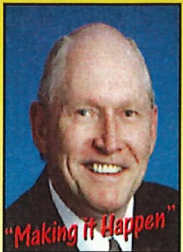
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www.interlake.mb.ca



56 Centre St., Gimli, MB.

Activities

-Sue Stevenson

FITNESS

MONDAYS:

Cardio Sculpt 10-10:45 a.m. starting September 9th

Core & More 11 - Noon starting September 9th

WEDNESDAYS:

Cardio Sculpt 10-10:45 a.m. starting September 11th

Core & More 11 - Noon starting September 11th

SATURDAYS:

Drums 10 - 11 a.m. starting September 14th



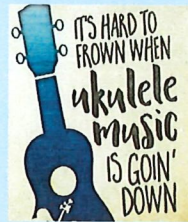
12 WEEK SESSION

- 1 class/week - \$ 72
- 2 classes/week - \$ 132
- 3 classes/week - \$ 171
- 4 classes/week - \$ 216
- 5 classes/week - \$ 240

Cash or Cheque
payment accepted,
please pay as you sign up
to reserve your spot

(Non-refundable
& Non-transferable)

Sign up at the Office



Ukulele Strum' -Gayle Halliwell

Thursdays beginning September 12th

Uke Strum welcomes new players!

Even though we are on summer break, strumming on our decks, we are planning to resume our Thursday Uke Strum gatherings on September 12th. We are a group dedicated to learning the Ukulele by helping each other, playing together, and encouraging more ukuleles to join!

We welcome people who are new to Ukulele, whether they are new to music completely or just new to the dulcet tones of Ukulele! For the first 4 weeks in the fall, those new to Ukulele will start at 12:45 p.m. for a half hour. Then at 1:15, the old hands will join in with a short warm up and then we'll all enjoy a roundtable session until 2:30, where everyone gets to choose a tune that they enjoy, and we all do our best to play along.

Most of our current tune list is taken from the Ukulele Club of Winnipeg songbook. It includes songs that are just 2 chords, 3 chords and so on, up to 8 or more; so it is great for all levels of Ukulele players. It's \$25; check out the Winnipeg Club on Facebook.

Please contact me at gaylehalliwell@gmail.com if you are new and would like to begin learning Ukulele. If you are an experienced Ukulele player, please join us at 1:15 p.m., Thursday, September 12th.

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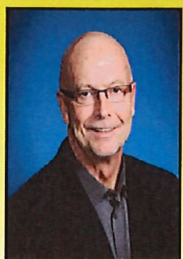
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56 Centre Street
Gimli, MB R0C 1B0 MLS



Grant Hjørleifson, BSc
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Activities

Fibre Arts Group - D. Bohemier

Tuesdays @ 10:00 a.m.

We are a creative group of Fibre Artists.

Anything from knitting, crocheting, garments, needle point of any kind, spinning, wall fibre art etc., and of course quilting. We craft while learning from and enjoying each others company.

Must be a member of New Horizons and pay a \$2 Activity fee each visit.

Bring you lunch, enjoy our show'n'tells and have fun.

Every Tuesday from 10 am til 1:30 pm.

Not sure..? We have a Drop in fee of \$7..see what we're about!

We would love to have you!

Painting



We are a gathering of like minded folks, of a varied skill level, who enjoy painting in a group. All mediums are welcome.

The pegboard in the Card Yard displays some paintings that are for sale.

Please pay Jonie or Margaret at the office before removing any paintings.

Last formal day of Painting was May 14th.

We will start back up on October 1st.

Volunteer

Volunteers are the fuel that drives our organization.

Jonie and Margaret, along with our Executive at the helm have our club running like a Ferrari.

However, we are running low on fuel.

We need volunteers to step forward and help with upcoming events.

I know it's summertime and many of you are travelling; but if you are around, please sign up for events posted on our bulletin boards.

-Richard Szczepanski



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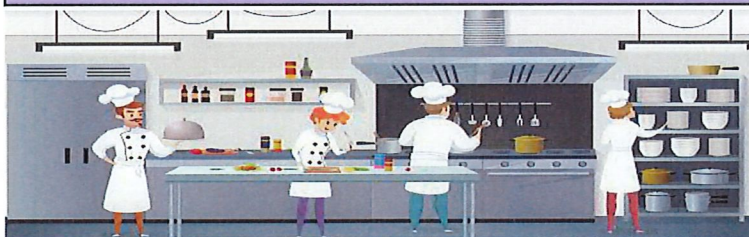
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From the Kitchen

-Evy Bialek



Happy Icelandic Festival Everyone!

The weather being a scorcher, we will have plenty of cold water for everyone at our Pancake Breakfast.

We thank each and everyone of our fabulous volunteers.

You are the back bone of our club.

It's alot to ask you to give up a few hours of your family time to our cause.

If your Grandkids want to join us, we would love to meet them.

Their parents may one day be future members to our New Horizon Family.

See you at the Festival!

GAMES at the Centre



DUPLICATE BRIDGE

Brian Wallace
Wednesdays @ 1:00 pm

Duplicate bridge is the most widely used variation of contract bridge in club and tournament play.

It is called duplicate because the same bridge deal is played at each table and scoring is based on relative performance.





Gimli New Horizons 55+ Centre Presents

Duplicate Bridge Tournament

Wed, September 11, 2024
STARTS AT 12:45pm

COST \$20.00/Team of 2
Includes prizes and coffee with snacks

Register with
Brian 204-641-1948 (bwallace@mts.net)

Registration Deadline September 3

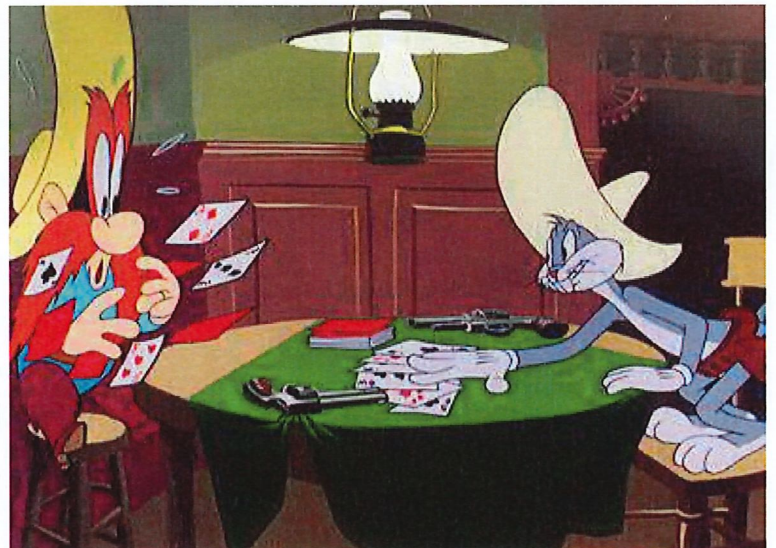


PROUD SUPPORTERS
of Gimli New Horizons 55+

At Pharmasave Gimli our
Live Well pharmacists care
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Marc Palsson
Owner

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Telephone: (204) 642-9688
Fax: (204) 642-8688
Toll Free: 1-877-770-7662 (RONA)
Email: service@ronagimli.ca
Website: www.rona.ca

RONA

**BUILDING
CENTRE
GIMLI**

**OPEN 7 DAYS
A WEEK**

GAMES at the Centre

Monday Canasta -

Activity Leader - Lauralee Hackert

Mondays at 1:00 pm

Come and join our friendly group.

Partner selection and table assignment starting at 12:50 on the dot with play at 1:00 p.m.

We play two types of Canasta for those who might like variety. Games end between 3:30 & 4:00 p.m.

If you want to learn how to play Canasta, Monday is the day to attend!



Friday Canasta -

Activity Leader - Audrey Corrie

Fridays at 1:00 pm

Canasta is easy to learn as it is a take off from Rummy.

Come and join us.....seasoned players OR beginners welcome. We have great teachers.

We start playing at 1:00 pm with partner and table selection 10 minutes before.



Allison Atkey & Judy Brown Fridays @ 1:00 pm

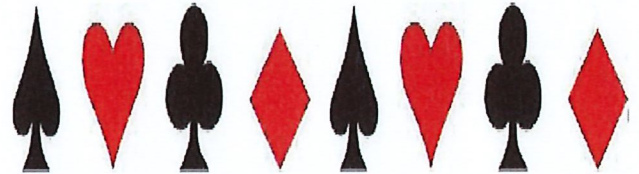
We've enjoyed welcoming
back the summer players and
more players are always
welcome.

We play Contract Bridge on
Fridays,
gathering by 12:55 to prepare to play at 1:00.

Players describe it as informal, fun and
with lots of laughs.

No need to come with a partner, as we switch
partners every four hands, but feel free to bring a
friend.

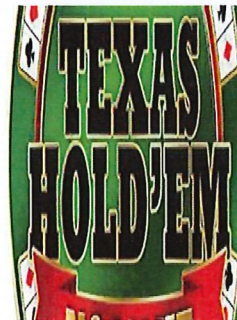
The cost is \$3.



TEXAS HOLD 'EM Wednesdays at 1:00 pm

- Vaughan Cochrane
- RJ Jamieson

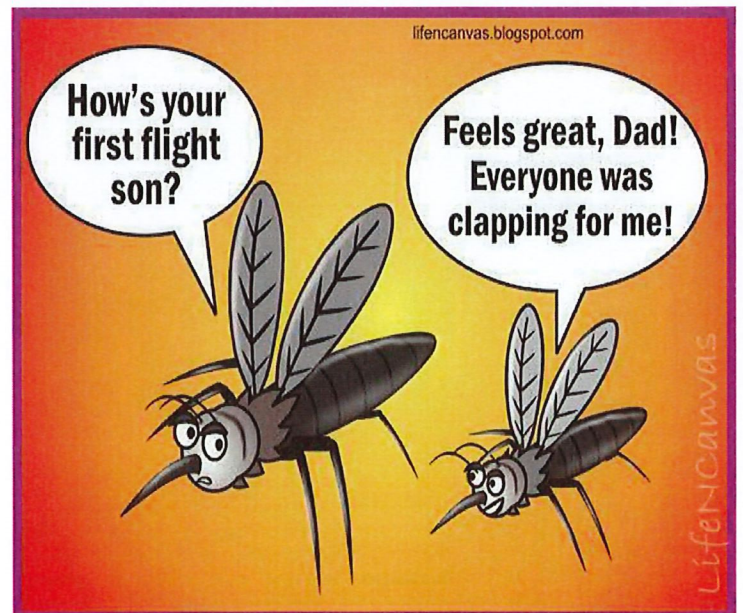
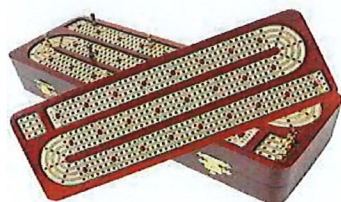
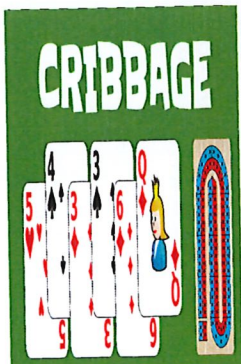
Come and join us for
Texas Hold 'Em.....we
always have room for
more players!



CRIBBAGE - THURSDAYS @1:00 p.m.

- Doris Lloyd

Bring \$2 activity fee
plus \$2 prize money.



Community Service

Caregiver Support

third Monday of the month

Being held at Gimli New Horizons

**Next meeting date - August 19th,
will be in the GRAND ROOM at 1:00 p.m.**

Alzheimer's disease and other forms of dementia can leave those with the disease and their care partners feeling isolated. You are not alone. There are other people to share the journey with you!

Support groups offer the opportunity to meet, interact with and learn from others who are living with dementia. It's a safe environment where you can share, laugh, and help each other through mutual understanding.

If you would like to attend (it's for caregivers only) please call Samantha Holland @ 204-268-4752
Thanks!



GIMLI SENIORS RESOURCE COUNCIL INC.



News from the Seniors Resource Program

Lifeline

The Seniors Resource Program has various services available for people living alone or with an ill spouse and is dedicated to helping seniors live more independently in their own homes. Would you like the reassurance of knowing that help is only a press of a button away?

If so, then Gimli District Lifeline is just the right thing for you. Lifeline is monitored 24/7. Plus, our Auto Alert button is designed to call for help if it detects a fall. And with the On the Go button and On the Go Mini, Lifeline is available for use at home and on the go.

For more information call
1-204-642-7297.

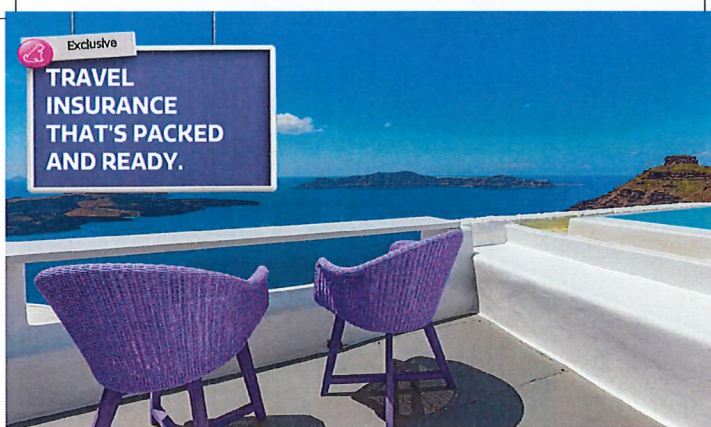
Lifeline



What is E.R.I.K.?



The Emergency Response Information Kit (E.R.I.K.) is a plastic folder that goes on your fridge which holds your medical information, family contact info along with other health related forms. A red E.R.I.K. sticker is also included to be placed on your door. This bilingual kit is ideal for seniors, those living alone or anyone with a medical condition which also gives first responders the information they need to respond quickly to situations when needed. If you require more information or would like an E.R.I.K. kit, please contact our office at 204-642-7297 or come see us in office 22 of the Gimli Community Health Centre.



Johnson Insurance is proud to be the preferred insurance provider for the Manitoba Association of Senior Communities. With Johnson, MASC members have access to:

MEDOC Travel Insurance

- Emergency medical coverage
- Trip cancellation, interruption and delay coverage¹
- Baggage protection
- Vehicle return
- Pet return

THRIVE

- Flexible benefits for retirees
- Includes annual travel and trip cancellation coverage
- No medical evidence required within 90 days of losing coverage

Give Johnson a call at 1.877.989.2600 or write to:
pbservicewest@johnson.ca

Johnson is ready when you are.

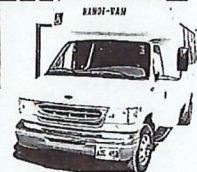


Call us at 1.877.989.2600

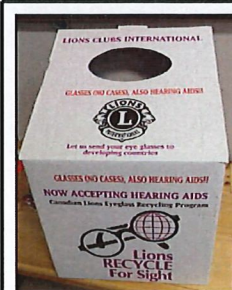
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EASTERN INTERLAKE HANDI-VAN

CALL: 642-5792
24 HOUR ADVANCE NOTICE REQUIRED



A Non-profit organization, operated by a board of volunteers. Funding for this service is provided by Provincial grants and donations from municipalities, the province, service clubs and other groups and individuals.



Collecting old glasses & hearing aids

The Lions Club International has left a box for us to collect used eye glasses (no cases) and hearing aids.

They send them to developing countries.



Community Service

17 Loni Beach Rd.

Gimli New Horizons



Wednesday Nights @ 7:00pm

Doors Open @ 5:30pm

No Cards Sold After 6:50pm

EVERYONE WELCOME!

Watch our Facebook page for the pot amounts for each week.

Bingo is an event/activity we offer to the community!

We appreciate the support given to the Centre from all our bingo players.

Enjoy a game or two of Bingo at our Centre on Wednesday nights. Great opportunity to get out and spend time with friends. We appreciate all our bingo players for supporting us all year.

Canteen available - Hot dogs, nachos & salsa, chips, chocolate bars, candy, drinks, water, etc.

Snack while you play!



****From the Bingo Canteen:**

As we move through another season, I would like to take a moment to acknowledge and sincerely thank the amazing efforts and enthusiasm of the Canteen Volunteers at the Wonderful Wednesday Night Bingo! These ladies have made the Canteen such a fun and refreshing environment, which is appreciated by players and staff alike.

Our regular offerings, as well as Hot Dogs, Nacho Baskets, and Ice Cream, have been extremely successful, and our specialty nights like our Chili Nite, Wing Nite, and Burger Nite, continue to surpass all expectations!

Moving forward we are planning to include more specialty items to the delight of our regular players as well as our new faces.

Shout out to Lorna Putschker, Marsha Pytel, Eva Sohan, and Cheryl Davidson.

You girls are the best, this would not happen without you!

And let's not forget the support from our Bingo players.

Thank you for sharing your Wednesday night with us. After all, at New Horizons, Wednesday night is the best night of the week!

-Cathy Timko

Gilbart
Funeral Home

50 1st Ave, GIMLI, MB

Toll Free 1-800-230-6482

Selkirk office (204)482-3271

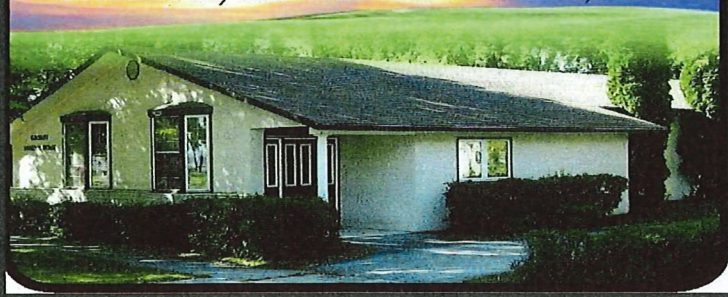
4 GENERATIONS OF DEVOTED SERVICE

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- ~ Traditional and Memorial Services
- ~ Hearse, limousines and lead cars available
- ~ Family owned crematorium
- ~ Preneed arrangements.

Conveniently located on 1st Ave. Gimli, MB





AUGUST 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:30 Yoga with Leanne	2 10:00 Tai Chi 1:00 Bridge - Contract 1:00 Canasta	3 Pancake Breakfast 8 a.m. - Noon <i>Pancake Breakfast</i> 
4 Pancake Breakfast 8 a.m. - Noon <i>Pancake Breakfast</i> 	5 CENTRE IS CLOSED 	6 9:30 Yoga with Leanne 9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Fibre Arts	7 GOLF TOURNAMENT 1:00 Texas Hold 'Em 1:00 Duplicate Bridge 7:00 Bingo 	8 9:30 Yoga with Leanne 1:00 Cribbage	9 9:30 Tai Chi - Beginner 10:00 Tai Chi 1:00 Bridge - Contract 1:00 Canasta	10
11 2:30 Golf - Sandy Hook	12 10:00 Cardio Sculpt - Week 7 11:00 Core & More - Week 7 1:00 Canasta 2:30 Golf - Sandy Hook	13 9:30 Yoga with Leanne 9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Fibre Arts	14 1:00 Texas Hold 'Em 1:00 Duplicate Bridge 7:00 Bingo	15 9:30 Yoga with Leanne 1:00 Cribbage	16 9:30 Tai Chi - Beginner 10:00 Tai Chi 1:00 Bridge - Contract 1:00 Canasta	17
18	19 10:00 Cardio Sculpt - Week 8 11:00 Core & More - Week 8 1:00 Canasta 2:30 Golf - Sandy Hook	20 9:30 Yoga with Leanne 9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Fibre Arts	21 1:00 Texas Hold 'Em 1:00 Duplicate Bridge 7:00 Bingo	22 9:30 Yoga with Leanne 1:00 Cribbage	23 9:30 Tai Chi - Beginner 10:00 Tai Chi 1:00 Bridge - Contract 1:00 Canasta	24
25	26 1:00 Canasta 2:30 Golf - Sandy Hook	27 9:30 Yoga with Leanne 9:30 Tai Chi - Beginner 10:00 Tai Chi 10:00 Fibre Arts	28 Texas Hold 'Em Tournament 1:00 Texas Hold 'Em 1:00 Duplicate Bridge 7:00 Bingo	29 9:30 Yoga with Leanne 1:00 Cribbage	30	31